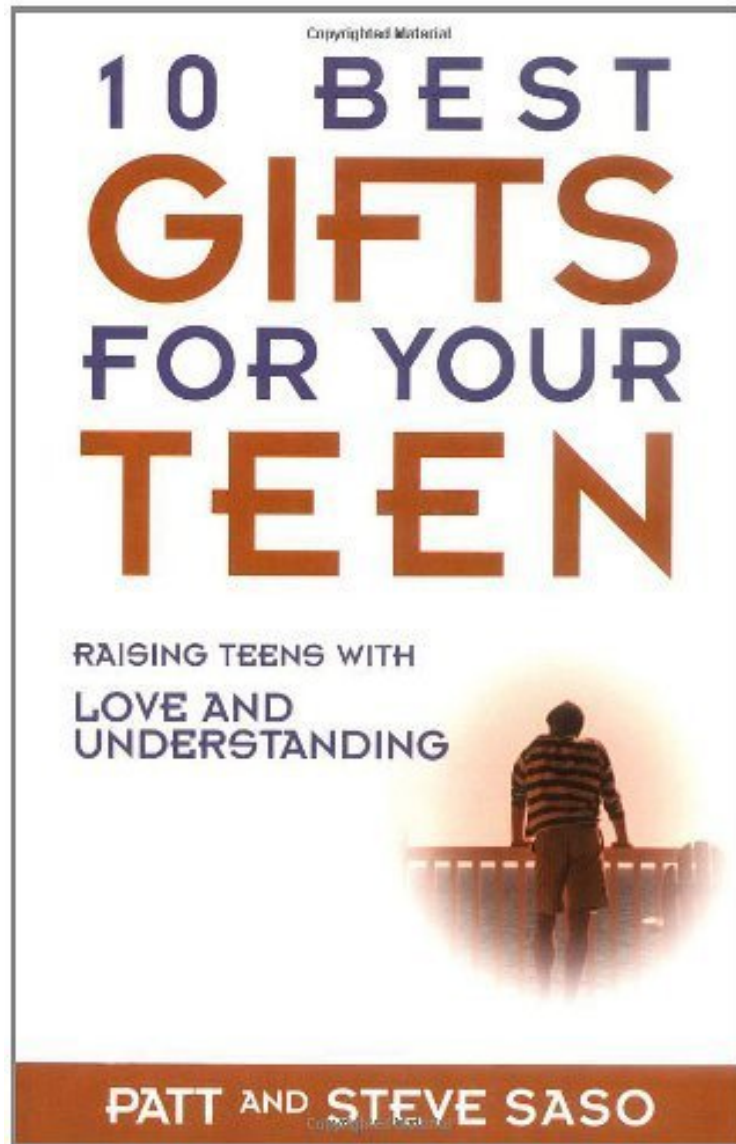


10 Best Gifts for Your Teen: Raising Teens with Love and Understanding

Von Patt Saso

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Von Patt Saso : 10 Best Gifts for Your Teen: Raising Teens with Love and Understanding before purchasing it in order to gage whether or not it would be worth my time, and all praised 10 Best Gifts for Your Teen: Raising Teens with Love and Understanding:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. What

your teen wants: to learn how to live like an adult.

Von Ein KundeThe first time I came across Steve and Patt Saso was at a seminar they were giving on parenting. The clearest thing I remember from that seminar was that these two parents, with all their experience dealing with their own children and others' children and others who have children, was that their kids could still catch them off guard and cause them to not make the perfect response to a situation. Patt also taught us her favorite mantra (It's not my fault. It's not my fault) for dealing with teens reluctant to tell their parents what the parents wanted to hear as a response to a question, like "How was school today?" This same honesty comes through with the teaching in this book. It is one of the things that gives me hope as a parent, namely that I'm never going to be a perfect parent, and that I don't have to be a perfect parent. The 10 gifts are not quick cures. They require work and change on our part as parents. Just like developing any relationship. This book is not a cure for what ails you and your family. It is a process, a way of living with others. The 10 gifts that the Sasos describe in their book are good gifts to give anyone. And as they point out, teens especially need these gifts because they are transitioning from very dependent to very independent. Not only do they need good role models, they also need to work out their own paradigms for dealing with life. Along with this, they need to know what works for other people, so that they can adapt some of it to their own unique selves. Growing up, my parents didn't know any more about parenting than I used to know while raising my kids. Not only do I wish I had read a book like this years ago, I know that I would have liked for my own parents to have read and applied a book like this.

0 von 0 Kunden fanden die folgende Rezension hilfreich. To build a strong relationship with your teen, get this book

Von Ein KundeI am the mother of 3 teenage boys, and this book has been of TREMENDOUS help. The most important element in raising children, I believe, is Connection. If our children feel connected to us, they will care about our opinions, our feelings, our thoughts. The 10 Keys outlined in this book give very practical ideas on how to nurture and maintain such a connection with our teens. In fact, I'm learning to use these tools with my younger child and my husband as well, and as a result, our family life is much improved! My favorite pieces of advice from this book include: "Don't ask so many questions" (hard for me, as a mom, not to!), "Separate what they do from who they are," "Listen without immediately jumping in with advice"actually, every page has a number of great suggestions! If you have teens or preteens, get this book! If you know of others who have teens, recommend it or buy it as a gift. And if you ever have the opportunity to go to a workshop given by this dynamic duo, run, don't walk! They are terrific presenters!

0 von 0 Kunden fanden die folgende Rezension hilfreich. A Teacher's Perspective

Von W. Michael LovettIf you want to know something about raising teens, read this book! Patt and Steve Saso have written a wise and perceptive guide for parents who are trying to maintain loving and vital relationships with their teen-aged children. As a teacher of high-school students for the past 15 years, I have been asked to read and evaluate dozens of books which attempt to "explain" the behavior of adolescents or provide a means of "controlling" what they do. The Sasos have made it clear that these attempts will always fail because they miss the point. With many examples gleaned from long experience, they show convincingly that our task as parents and teachers is not to control but, rather, to do the sometimes painful work of building solid relationships with young persons based on respect and nurtured over time with love and care. There is no other way. For the honesty and truth in this book, I thank them.

KurzbeschreibungPatt and Steve Saso navigated all the parenting perils from infancy to preteen insecurity, but nothing could prepare them for the unpredictability of adolescence. One day their teenager might say, "I love you," after the morning ride to school, and the next he might sit in the back seat, sulking in silence. In their new book, *10 Best Gifts For Your Teen*, the Sasos offer valuable advice to help families maintain strong relationships through the often turbulent teenage years. Combining Patt's expertise as a marriage and family therapist with Steve's experience as a high school educator, the Sasos share personal and professional anecdotes in this dispatch from the parenting trenches, detailing what adolescents want and need from their parents for emotional support. Teenagers will test the limits. Parents will make mistakes. But no matter how distant and resentful they appear to be, or how disrespectful of parental authority, teenagers internalize their parents' words and actions.

10 Best Gifts For Your Teen -- which include respect, room, role-modeling, responsibility and reconciliation -- teaches parents how to relate when needed, and to relent when necessary, offering support without infringing on their teenagers' burgeoning sense of freedom. Patt and Steve Saso have shared their wisdom through their Saso Seminars, providing inspiration and information to help parents raise respectful and successful children. And now, with *10 Best Gifts For Your Teen*, they have given a gift to parents across the country who want their teenager's transition from childhood to adulthood to be as smooth and rewarding as possible.

Pressestimmen"I'm glad I read these words of wisdom before my daughters became teens."

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