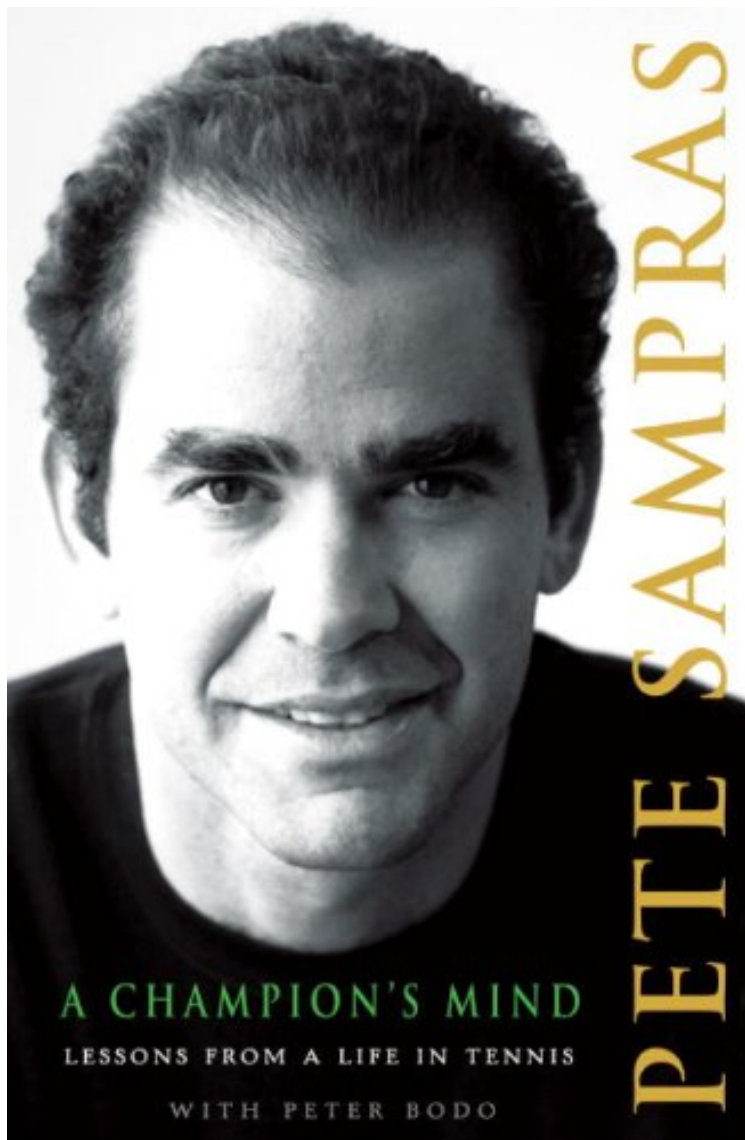


(Library ebook) A Champion's Mind: Lessons from a Life in Tennis

A Champion's Mind: Lessons from a Life in Tennis

Von Pete Sampras, Peter Bodo
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Von Pete Sampras, Peter Bodo : A Champion's Mind: Lessons from a Life in Tennis before purchasing it in order to gage whether or not it would be worth my time, and all praised A Champion's Mind: Lessons from a Life in Tennis:

KundenrezensionenHilfreichste Kundenrezensionen4 von 4 Kunden fanden die folgende Rezension hilfreich. Sampras kann Federer und Agassi nicht schlagenVon LivermoreA champions mind ist eine gute Biografie. Fr jeden Tennisfan der halbwegs Englisch sprechen kann ein Muss. Hier sei angemerkt, dass sich Sampras sehr auf Tennis konzentriert.

Blicke auf Familie, Freunde, Rivalen und Turniere wirft Sampras nur zu Beginn des Buches wo es um die Familie geht. Als Roter Faden gilt die Reihenfolge seiner gespielten Turniere. Leider hakt er diese viel zu schnell ab. Es wäre großartig gewesen, wäre Sampras und sein Co-Autor näher auf einzelne Matches näher eingegangen. Er bleibt zu oberflächlich. Mir gefielen die Biografien von Agassi und Federer deutlich besser. Agassi schreibt intimer, geht auf wichtige Matches sehr detailliert ein. Federers Biografie wiederum deckt mehr Bereiche seines Lebens ab. Er geht auch mehr auf Technikaspekte und Training ein. Auch hierzu wehrt sich Sampras, kratzt jedoch nur an der Oberfläche. Insgesamt interessant, dennoch habe ich mir mehr versprochen. 2 von 2 Kunden fanden die folgende Rezension hilfreich. Liebe ja, Weisheiten nein Von Mag Christoph Leydolt Für Leute, wie mich, die Pete Sampras lieben, Tennisfans sind und mindestens 30 Jahre alt, um ihn erlebt zu haben, ein Must-have, für Leute, die daraus Lehren für die Zukunft und für andere Bereiche gewinnen wollen eher unnötig. 1 von 1 Kunden fanden die folgende Rezension hilfreich. Learn about focus and commitment Von Christian Pete Sampras is an example of consistency. An athlete with a level of commitment and professionalism beyond "human" standards. His success is the result of unshakable will and sharp focus. If you want to learn about focus and commitment, if you want to learn about how a champion's mind operates... This is your book!

Kurzbeschreibung Pete Sampras is arguably the greatest tennis player ever, a man whose hard-nosed work ethic led to an unprecedented number one world ranking for 286 weeks, and whose prodigious talent made possible a record-setting fourteen Grand Slam titles. While his more vocal rivals sometimes grabbed the headlines, Pete always preferred to let his racket do the talking. Until now. In *A Champions Mind*, the tennis great who so often exhibited visible discomfort with letting people inside his head finally opens up. An athletic prodigy, Pete resolved from his earliest playing days never to let anything get in the way of his love for the game. But while this single-minded determination led to tennis domination, success didn't come without a price. The constant pressure of competing on the world's biggest stage in the unblinking eye of a media machine hungry for more than mere athletic greatness took its toll. Here for the first time Pete speaks freely about what it was like to possess what he calls the Gift. He writes about the personal trials he faced including the death of a longtime coach and confidant and the struggles he gutted his way through while being seemingly on top of the world. Among the book's most riveting scenes are an early devastating loss to Stefan Edberg that led Pete to make a monastic commitment to delivering on his natural talent; a grueling, four-hour-plus match against Alex Corretja during which Pete became seriously ill; fierce on-court battles with rival and friend Andre Agassi; and the triumphant last match of Pete's career at the finals of the 2002 U.S. Open. In *A Champions Mind*, one of the most revered, successful, and intensely private players in the history of tennis offers an intimate look at the life of an elite athlete. From the Hardcover edition. Pressestimmen Consider this book Sampras' 15th Grand Slam. A thoroughly compelling read that apart from retracing a gilded sport career really probes the hard drive of a champion. It's as if all the emotion and insight that Sampras sometimes seemed reluctant to express during his playing days comes spilling forth. Jon Wertheim, Senior Writer, Sports Illustrated and SI.com "As the title says, this is a remarkable look into a champion's mind, and maybe one of the best tennis memoirs ever. Pete captures the pressure a player feels once he's reached the top. He puts us next to him on the court, and we get a clear sense of what made him extraordinary: he was supremely determined, dedicated to learning the strengths and weaknesses of his opponents, and committed to never ever yielding a point easily. Pete wrote this book the way he plays tennis: full-out." Rod Laver Even playing at a high level, it's hard to know what the experience of winning and trying to stay on top is like for another competitor. We all react so differently to pressure, to the glow of the spotlight. It is brutally hard to stay grounded, and yet this wonderfully candid book shows that it was Pete's rare ability to compartmentalize and draw strength from his family that allowed him to reach the sports pinnacle. Whether championships are in your past or just live in your dreams, you'll learn a lot from Pete's story. Monica Seles "Pete Sampras was always able to rise to the occasion, winning so many big matches at the biggest events. This book provides the reader a glimpse into Pete's remarkable career and how he was able to attain his vision of being the best player in the world. We can all benefit from the insight he offers." Roger Federer Kurzbeschreibung Pete Sampras is arguably the greatest tennis player ever, a man whose hard-nosed work ethic led to an unprecedented number one world ranking for 286 weeks, and whose prodigious talent made possible a record-setting fourteen Grand Slam titles. While his more vocal rivals sometimes grabbed the headlines, Pete always preferred to let his racket do the talking. Until now. In *A Champions Mind*, the tennis great who so often exhibited visible discomfort with letting people inside his head finally opens up. An athletic prodigy, Pete resolved from his earliest playing days never to let anything get in the way of his love for the game. But while this single-minded determination led to tennis domination, success didn't come without a price. The constant pressure of competing on the world's biggest stage in the unblinking eye of a media machine hungry for more than mere athletic greatness took its toll. Here for the first time Pete speaks freely about what it was like to possess what he calls the Gift. He writes about the personal trials he faced including the death of a longtime coach and confidant and the struggles he gutted his way through while being seemingly on top of the world. Among the book's most riveting scenes are an early

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