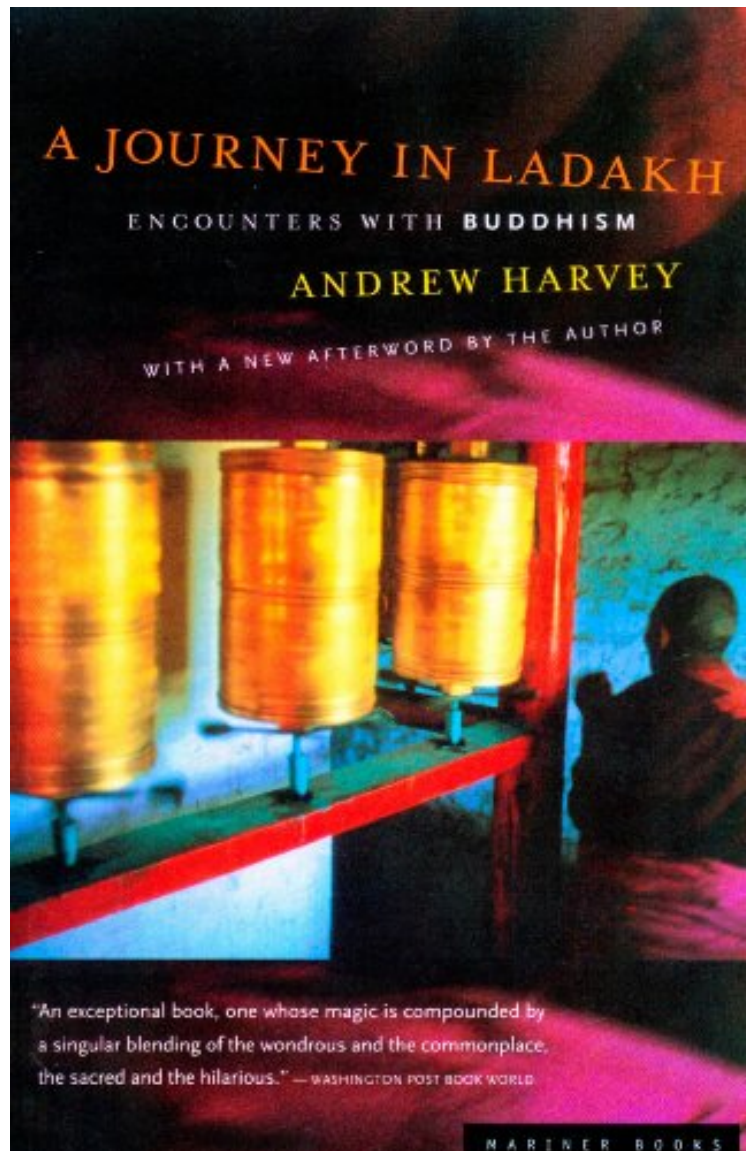


[Download free pdf] A Journey in Ladakh: Encounters with Buddhism

A Journey in Ladakh: Encounters with Buddhism

Von Andrew Harvey

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Von Andrew Harvey : A Journey in Ladakh: Encounters with Buddhism before purchasing it in order to gage whether or not it would be worth my time, and all praised A Journey in Ladakh: Encounters with Buddhism:

KundenrezensionenHilfreichste Kundenrezensionen3 von 3 Kunden fanden die folgende Rezension hilfreich. Buddhism, spiritual discovery and a travel log - in one book.Von fdoamericaI read this unique book while trekking through Ladakh, India - the last place where you can see something of what Tibet must have been like before the Chinese invaded. Ladakh is the highest, most remote, most sparsely populated region in India, located on the China -

Indian border in what is deemed "disputed territory." Tourists were banned until 1972, and entry into this region requires a special permit. A Journey to Ladakh is written by a professed "half - Buddhist". It is foremost a book about spiritual discovery, and secondly a travel log on one of the world's most outback religious regions. Andrew Harvey, born in southern India and educated at Oxford, England, read all he could on different Buddhist traditions but decided to leave Oxford and return to India for one year to study Buddhism in its original form. This ultimately lead him to Ladakh, one of the last places on earth "where a Tibetan Buddhist society can be experienced". The first part of the book is Harvey's travel journal through Ladakh. A group of my fellow sojourners plowed through the first hundred pages and finally put the book down. Comments such as "I lost interest" and "dull" were mentioned, however the book's value and true worth happens in the second half, when Harvey meets the Rinpoche ("master", "realized soul", "Buddha"). It is here, when Harvey records the wisdom of the Rinpoche, that the text shines, providing universal truths about life and its spiritual component. The tenants of Buddhist philosophy can be gleaned through Harvey's discourses with the Rinpoche ("There are no Gods in Buddhism," "There is only Emptiness - Nothingness," "To be freed from a false perception of Self is the end of Buddhism,".), but it is in the practical day to day life teachings that make this book worth reading. The journey to Ladakh is a journey to discover the laws of the spirit, and the relationship of the spirit to those laws. What Harvey has done for you in this book is to start you on a journey . . . a journey that explores the very center of being - or in Buddhist terms the journey into nothingness. Recommended

Kurzbeschreibung Now considered a classic among readers interested in Tibetan Buddhism and pilgrimages of the spirit of all kinds, A Journey in Ladakh is Andrew Harvey's spiritual travelogue of his arduous journey to one of the most remote parts of the world--the highest, least populated region in India, cut off by snow for six months each year. Buddhists have meditated in the mountains of Ladakh since three centuries before Christ, and it is there that the purest form of Tibetan Buddhism is still practiced today.