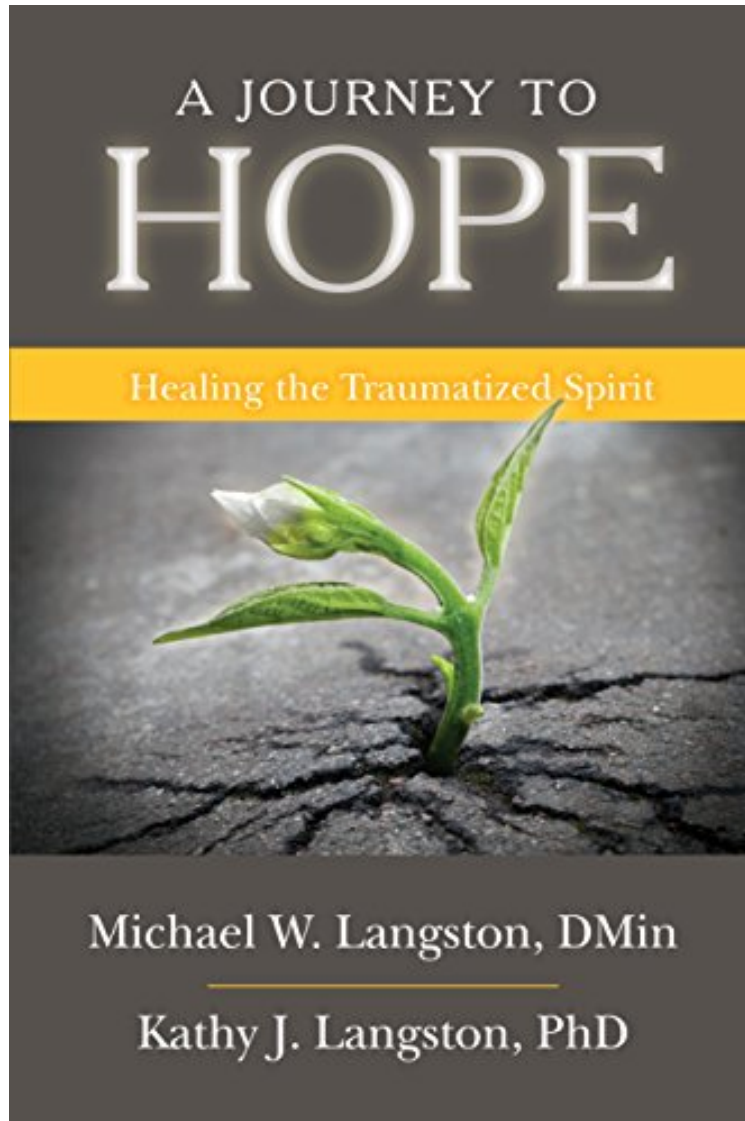


[Free download] A Journey to Hope: Healing the Traumatized Spirit (English Edition)

A Journey to Hope: Healing the Traumatized Spirit (English Edition)

Von Michael W. Langston DMin, Kathy J. Langston PhD
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Von Michael W. Langston DMin, Kathy J. Langston PhD : A Journey to Hope: Healing the Traumatized Spirit (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised A Journey to Hope: Healing the Traumatized Spirit (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. There is always Hope!Von Kunde"A journey to Hope" is a very honest, moving account about real life after a crisis. The

authors, Michael and Kathi Langston, have been married for over 30 years. They share their insights about how trauma and spiritual wounds affect relationships in a marriage and family. They help us understand the insights they have as senior counselors, as well as people affected by trauma. This unique perspective conveys that there is hope for every person, no matter how hopeless the situation seems! If you have gone through one or more traumatic experiences, or if you know somebody who has signs of a Posttraumatic Stress Syndrome you should read this book. 0 von 0 Kunden fanden die folgende Rezension hilfreich. It is a great book. Von Kunde It is a very powerful story. It is encouraging to see that healing is possible and it is a helpful book for people who have the same difficulties.

Kurzbeschreibung The tragedies and traumas of war are enormous and the consequences of it change forever the lives of those who return as well as the lives of loved ones and friends of those who do and do not return. For many veterans the psychological battles continue long after combat deployments end. Post Traumatic Stress Disorder significantly affects many people and is not limited solely to war trauma. In this volume of hope and healing the authors recount their ongoing journey to hope. In an intensely personal yet broadly applicable discussion of PTSD, Mike and Kathy Langston provide encouragement and hope for all who struggle with the ravages of PTSD or who love someone who struggles with it. This is a powerful story proclaiming that recovery is possible and that the past need not control the present or the future.

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