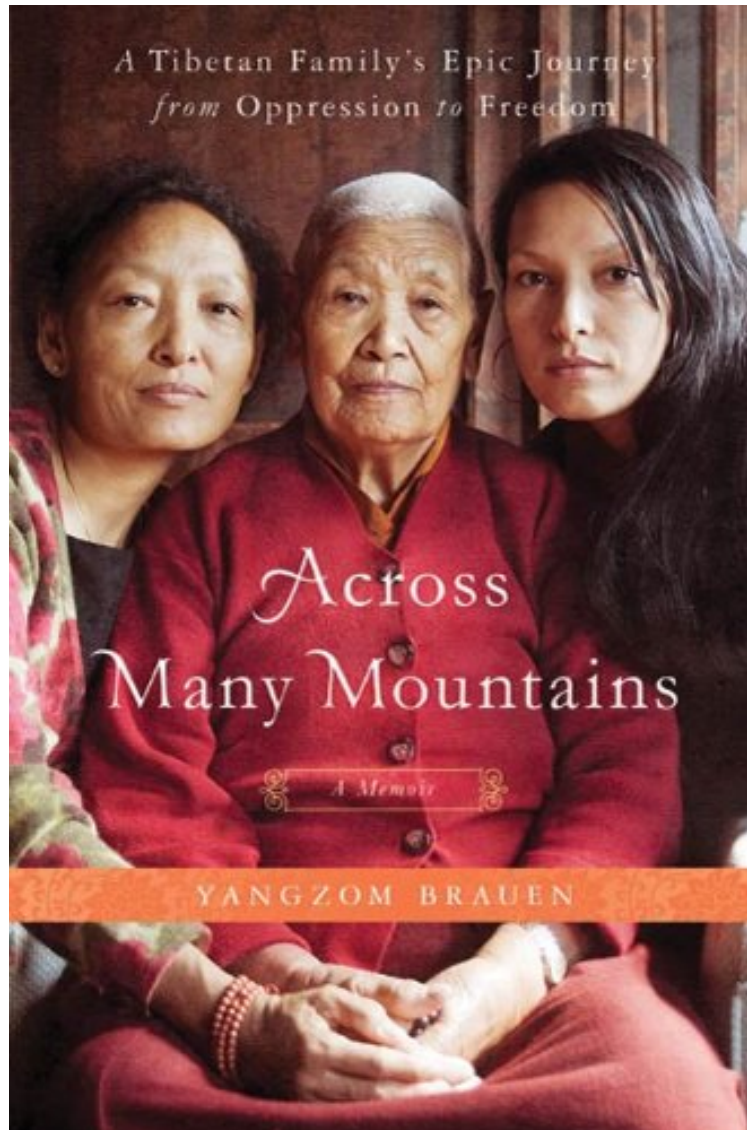


(Download) Across Many Mountains: A Tibetan Family's Epic Journey from Oppression to Freedom

## Across Many Mountains: A Tibetan Family's Epic Journey from Oppression to Freedom

Von Yangzom Brauen

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**Von Yangzom Brauen : Across Many Mountains: A Tibetan Family's Epic Journey from Oppression to Freedom** before purchasing it in order to gage whether or not it would be worth my time, and all praised Across Many Mountains: A Tibetan Family's Epic Journey from Oppression to Freedom:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. A true tale of strong Tibetan womenVon Britta D.What a family! Yangzom Brauen describes the lives of three generations of

her family, mainly the women, deeply rooted in Tibetan history and culture and Buddhist religion, but scattered all over the world by the Chinese occupation of their home country. Every line of this book breathes the strength of these wonderful women, who quickly grew as dear as family to me, and it made me sad and angry to read about how world politics imposed on a Buddhist nun praying in the Tibetan mountains and raising her children, harming no one and just striving for fulfilment. All her grandmother Kunsang wanted was to live a peaceful life of religious dedication, minding her own business in the mountains of Tibet. Yangzom Brauen describes this tough life vividly, full of compassion and love but without any wrong nostalgia. When the Chinese occupied Tibet, Kunsang, her husband and their daughters had to flee Tibet and found refuge in India, stoically bearing hardships we cannot even imagine. Fate turned when Sonam met the love of her life, Martin Brauen, a Swiss ethnologist. They raised their children, who had never seen Tibet, with the love for a home country long lost, but deeply and strongly rooted not in a country but in the only constant factor in their lives: their family. I took the book along on a trip to Cambodia, and while the Buddhism there is different from the Tibetan, the book helped me enormously to understand the roots and fundamental beliefs of Buddhism - I saw a little bit of Kunsang in every grey-haired nun, feeling like I had a glimpse of an understanding of what might have motivated her to choose this life of poverty. I would recommend to book not only to anyone who is interested in the Tibetan strive for freedom, but also to those who wish to get an inside understanding of Buddhism, as well as everyone who likes to read about strong women. It is an absolute page turner.

**Kurzbeschreibung** A powerful, emotional memoir and an extraordinary portrait of three generations of Tibetan women whose lives are forever changed when Chairman Mao's Red Army crushes Tibetan independence, sending a young mother and her six-year-old daughter on a treacherous journey across the snowy Himalayas toward freedom. Kunsang thought she would never leave Tibet. One of the country's youngest Buddhist nuns, she grew up in a remote mountain village where, as a teenager, she entered the local nunnery. Though simple, Kunsang's life gave her all she needed: a oneness with nature and a sense of the spiritual in all things. She married a monk, had two children, and lived in peace and prayer. But not for long. There was a saying in Tibet: "When the iron bird flies and horses run on wheels, the Tibetan people will be scattered like ants across the face of the earth." The Chinese invasion of Tibet in 1950 changed everything. When soldiers arrived at her mountain monastery, destroying everything in their path, Kunsang and her family fled across the Himalayas only to spend years in Indian refugee camps. She lost both her husband and her youngest child on that journey, but the future held an extraordinary turn of events that would forever change her life-- the arrival in the refugee camps of a cultured young Swiss man long fascinated with Tibet. Martin Brauen will fall instantly in love with Kunsang's young daughter, Sonam, eventually winning her heart and hand, and taking mother and daughter with him to Switzerland, where Yangzom will be born. Many stories lie hidden until the right person arrives to tell them. In rescuing the story of her now 90-year-old inspirational grandmother and her mother, Yangzom Brauen has given us a book full of love, courage, and triumph, as well as allowing us a rare and vivid glimpse of life in rural Tibet before the arrival of the Chinese. Most importantly, though, **ACROSS MANY MOUNTAINS** is a testament to three strong, determined women who are linked by an unbreakable family bond. **Pressestimmen** "This book paints a vivid picture of Tibetan experience over the last eight decades, one of the most difficult periods in our history. Through the personal stories of three women from one Tibetan family, it recalls the imposition of Chinese rule in Tibet and the subsequent efforts of many Tibetans to preserve their identity and treasured values in exile." --- His Holiness the 14th Dalai Lama