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Von Kenei Mabuni

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Kenei Mabuni

Empty Hand

The Essence of Budō Karate

Ed. by Carlos Molina



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Von Kenei Mabuni : Empty Hand: The Essence of Budo Karate (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Empty Hand: The Essence of Budo Karate (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. One of the very best!Von Bouke JonkmanOne of the very best books on Shito ryu karate i've ever been able to read. Kenei Mabuni was there with the modern day masters from an young age and saw and heard a lot about the development of

karate because he was the son of shito ryu founder Kenwa Mabuni. Must read!

KurzbeschreibungThe Lifework of a Grandmaster of Karate Budo is the path of the Japanese traditional martial arts. Mabuni Kenei has followed this path for almost eight decades until now. He belongs to the last masters taught directly by the founders of modern karatedo. The son and heir of Mabuni Kenwa - the founder of Shito ryu - has acquired a deep understanding of the essence of Karate as a budo art during his course of life. He communicates this extremely complex knowledge to the reader in a vivid and fascinating way. For this purpose he uses his own memories and experiences, technical descriptions, historical and philosophical considerations, legends and anecdotes of the lives of famous samurai and budoka (masters of sword fighting, aikido, Okinawa-te and karate). For the beginner the book provides an idea of the inexhaustible possibilities of budo as a school of life, and the experienced practitioner will find numerous stimuli for his further development and also for his own teaching activities.

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ber den Autor und weitere MitwirkendeMabuni Kenei, holder of the 10th dan, was born in 1918 on Okinawa, the birthplace of karated. As the son of one of the most important karate experts in history, from his childhood on he was in touch with karate and some of its greatest masters. At the age of 34 he became the head of Shit-ry. Even today, in his old age, he holds seminars in different parts of the world where he teaches authentic karated.