

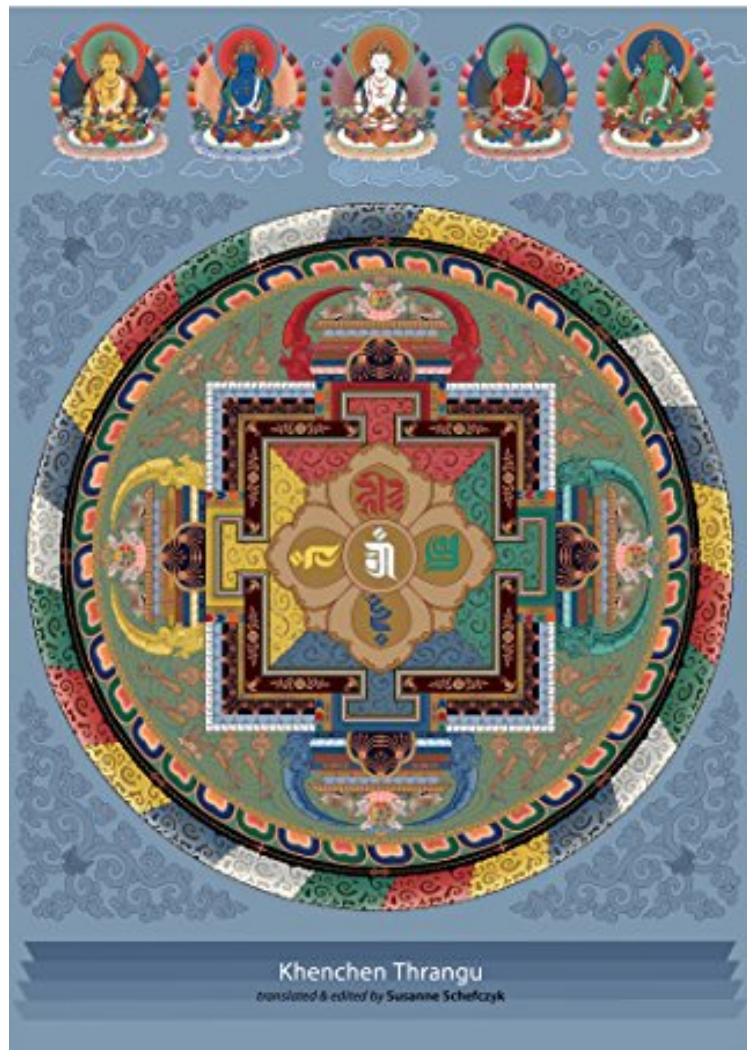
(Read free) Everyday Consciousness and Primordial Awareness

# Everyday Consciousness and Primordial Awareness

*Von Khenchen Thrangu*

*ePub | \*DOC | audiobook | ebooks | Download PDF*

Everyday Consciousness and Primordial Awareness



[Download](#)

[Read Online](#)

Produktinformation -Verkaufsrank: #619926 in eBooksVerffentlicht am: 2011-10-16Erscheinungsdatum: 2011-10-16File Name: B00652HY92 | File size: 39.Mb

**Von Khenchen Thrangu : Everyday Consciousness and Primordial Awareness** before purchasing it in order to gage whether or not it would be worth my time, and all praised Everyday Consciousness and Primordial Awareness:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Clear description of the mindVon SommerschuhI highly recommend this book to my students of Tibetan Studies who are interested in the Tibetan Buddhist notion of mind. Clear, precise and still easy to understand Thrangu Rinpoche

explains mind and perception and further proves why and how therefore meditation can lead you to the state of awakened mind.

**Kurzbeschreibung** This introduction to Buddhist psychology supplies essential instructions for successful meditation practice. Rinpoche presents meditation practices that can powerfully influence and ultimately transform the mind into the purified mind of a Buddha. He clearly describes how consciousnesses operate in everyday perception and how at the time of Buddhahood, these same consciousnesses express the five primordial wisdoms of the five Buddha families.

**Pressestimmen** "With characteristic cogency, clarity, and precision, Thragu Rinpoche lays out the Buddhist description of mind in both its conventional and tantric dimensions. Then he invites us further in showing how these teachings give voice to the subtlety of meditation experience and can lead us to the profundity of the awakened state itself." Reginald A. Ray, Naropa University, author of *Indestructible Truth and Secret of the Vajra World* "Khenchen Thragu Rinpoche, a preeminent Tibetan master, has presented an accessible and precise introduction to the inherently awakened mind at the heart of confusion and suffering. While this text is invaluable for the scholar, it is even more crucial for the Vajrayana practitioner." Judith Simmer-Brown, PhD, Professor, Naropa University "Khenchen Thragu Rinpoche is among the wisest and most compassionate Buddhist masters alive today. I have no doubt that this book will be a great inspiration and support for all serious Dharma students who read it and put it into practice." Pema Chodron, author of *When Things Fall Apart* "With the help of this introduction to Buddhist psychology, successful meditation practice is distinctly possible. . . . Distinctively clear and vivid." *Mandala Magazine* "There is no shortage of brief introductions to Buddhist practice, especially from the Tibetan Buddhist perspective. What makes Rinpoche's work distinctive is the clarity and vividness of his religious thought. Rinpoche attempts to concretize the notions of five levels of awareness in the reader's mind by correlating each with a different 'Buddha-family,' accessible through correct mediation. There is also a helpful Tibetan (transliterated)-English glossary to assist the non-Tibetan reader through the forest of religious terminology. Recommended for most collections, especially where interest in Buddhism or the Dalai Lama is strong." *Library Journal*

**Kurzbeschreibung** This introduction to Buddhist psychology supplies essential instructions for successful meditation practice. Rinpoche presents meditation practices that can powerfully influence and ultimately transform the mind into the purified mind of a Buddha. He clearly describes how consciousnesses operate in everyday perception and how at the time of Buddhahood, these same consciousnesses express the five primordial wisdoms of the five Buddha families.