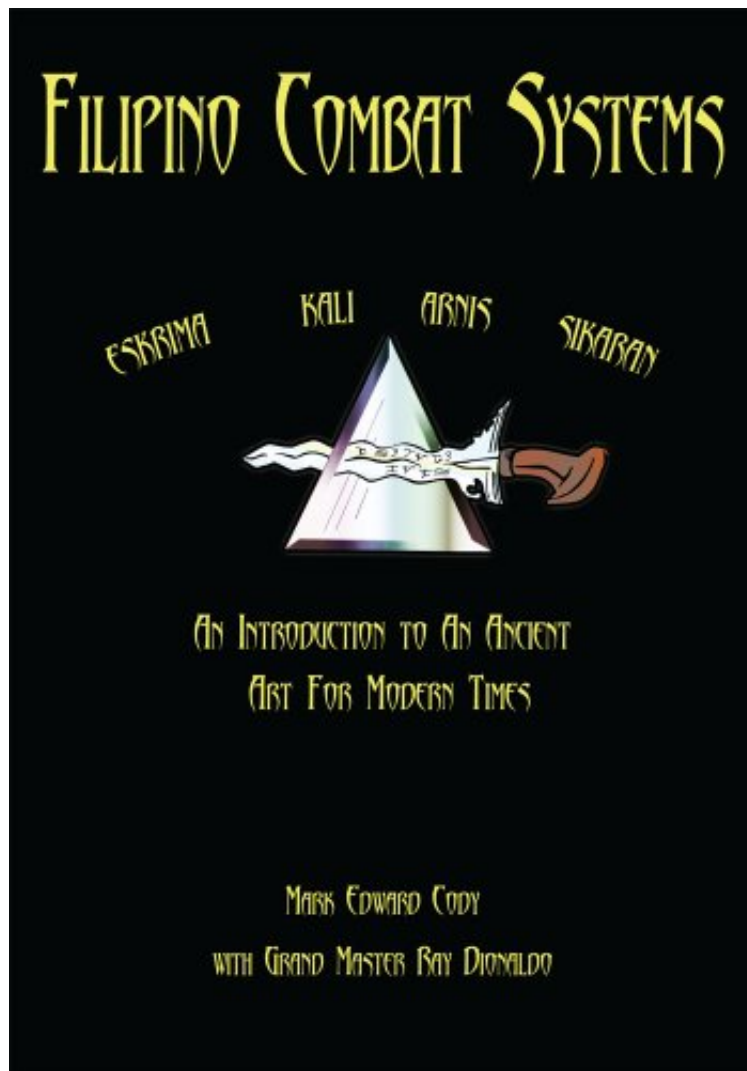


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Filipino Combat Systems : An Introduction to An Ancient Art For Modern Times (English Edition)

Von Mark Edward Cody, Grand Master Ray Dionaldo
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Von Mark Edward Cody, Grand Master Ray Dionaldo : Filipino Combat Systems : An Introduction to An Ancient Art For Modern Times (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Filipino Combat Systems : An Introduction to An Ancient Art For Modern Times (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen2 von 2 Kunden fanden die folgende Rezension hilfreich. Great contribution to the filipino matial artsVon Andy RoninZThe book gives a good insight into the Filipino Combat

Systems taught by Ray Dionaldo. All the main fields are covered and techniques are well explained with a lot of images. Some images are really well "photoshopped". But... the author Mark Edward Cody keeps telling the reader over and over again, that he is not only a practitioner of the Filipino Combat Systems, but also a blackbelt in Karate. He explains concepts from the viewpoint of a karate teacher. When I want to read a book about Karate, I don't order a book about Filipino martial arts. For beginners this can be very confusing.

Kurzbeschreibung "Filipino Combat Systems chronicles the creation, evolution and core concepts of one of the fastest growing martial arts in the world. It overcomes the shortcomings inherent in martial art instruction manuals by focusing not on technique, but on the strategy and philosophy of movement behind the technique. Written by a first generation student under the authority and supervision of the systems Founder and Grand Master, this work is an excellent introduction to the system. FCS is one of the most practical combat oriented martial systems in existence, bridging the gap between the ancient fighting arts and the modern world." Kurzbeschreibung "Filipino Combat Systems chronicles the creation, evolution and core concepts of one of the fastest growing martial arts in the world. It overcomes the shortcomings inherent in martial art instruction manuals by focusing not on technique, but on the strategy and philosophy of movement behind the technique. Written by a first generation student under the authority and supervision of the systems Founder and Grand Master, this work is an excellent introduction to the system. FCS is one of the most practical combat oriented martial systems in existence, bridging the gap between the ancient fighting arts and the modern world." Synopsis Filipino Combat Systems chronicles the creation, evolution and core concepts of one of the fastest growing martial arts in the world. It overcomes the shortcomings inherent in martial art instruction manuals by focusing not on technique, but on the strategy and philosophy of movement behind the technique. Written by a first generation student under the authority and supervision of the system's Founder and Grand Master, this work is an excellent introduction to the system. FCS is one of the most practical combat oriented martial systems in existence, bridging the gap between the ancient fighting arts and the modern world.