

(Free and download) Five Weeks in the Amazon: A backpackers journey: life in the rainforest, Ayahuasca, and a Peruvian shaman's ancient diet (English Edition)

## **Five Weeks in the Amazon: A backpackers journey: life in the rainforest, Ayahuasca, and a Peruvian shaman's ancient diet (English Edition)**

*Von Sean Michael Hayes*

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Von Sean Michael Hayes : Five Weeks in the Amazon: A backpackers journey: life in the rainforest, Ayahuasca, and a Peruvian shaman's ancient diet (English Edition) before purchasing it in order to gage whether

or not it would be worth my time, and all praised Five Weeks in the Amazon: A backpackers journey: life in the rainforest, Ayahuasca, and a Peruvian shaman's ancient diet (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. "A backpacker's journey"Von LenaFive Weeks in the is more than a discription of five weeks in the ! The experiences and thoughts (not just about the experiences with Ayahuasca but also about life in general) are written in such a honest way - so that the story touches you and you have to identify with the author. Finally you are "forced" to think about the writer's ideas and questions and compare your answers to the ones already given in the writing.I enjoyed the story page after page and couldn't stop reading. You can leave your place, be part of the adventures in the rainforest and you will cry, laugh and think positv during reading one book.

Kurzbeschreibung A Modern Quest for an Ancient Remedy.... If you enjoy a fast-paced read and a true story,Five Weeks in the is the book for you . It's packed with humor, full of unexpected twists and there is never any way to know how it will end. Author Sean Michael Hayes has written a book in a similar style to current blockbuster success, Cheryl Strayed's "Wild". His adventure puts him face to face with universal problems that we all must overcome in life. His search is a desperate attempt at something he has fought for since first being diagnosed with depression--how to live a happy life.Hayes presents solutions which seem like wins not just for himself, but for the reader that's right there with him. Want to find out what happened to a backpacker that hiked alone into the jungle to live with a shaman?EXCERPT"At the beginning of the ceremony, nobody knows how the Ayahuasca will react, for them or anyone else. Even though I couldn't see anybody else in the dark room, I could sense overtones of apprehension among the group. We were sitting there, waiting for the Ayahuasca to do its magic, wrapped in the darkness of the night.With no warning, an explosion of sound and light shook the entire house. The startling interruption made someone gasp, and I heard a quick squeal from somebody else. The sky crackled to life. I knew at that moment why long ago people thought the thunder came from the sounds of the gods fighting. I imagined Zeus' sword crashing through the clouds.The small room became lit again and again by blasts of purple light. Thunder exploded at the same instant as the lightning flashed and I knew the storm was right on top of us. The storm shook the wooden house with every strike towards the Earth it took.I could feel the sky's energy and I looked across the room. Through the door, I could see the jungle illuminated with each white-hot flash of light. The room was still electrified and loud, and the Ayahusaca made its presence known. People started purging, Otilia started singing, and all the sounds mixed together..."Kurzbeschreibung A Modern Quest for an Ancient Remedy.... If you enjoy a fast-paced read and a true story,Five Weeks in the is the book for you . It's packed with humor, full of unexpected twists and there is never any way to know how it will end. Author Sean Michael Hayes has written a book in a similar style to current blockbuster success, Cheryl Strayed's "Wild". His adventure puts him face to face with universal problems that we all must overcome in life. His search is a desperate attempt at something he has fought for since first being diagnosed with depression--how to live a happy life.Hayes presents solutions which seem like wins not just for himself, but for the reader that's right there with him. Want to find out what happened to a backpacker that hiked alone into the jungle to live with a shaman?EXCERPT"At the beginning of the ceremony, nobody knows how the Ayahuasca will react, for them or anyone else. Even though I couldn't see anybody else in the dark room, I could sense overtones of apprehension among the group. We were sitting there, waiting for the Ayahuasca to do its magic, wrapped in the darkness of the night.With no warning, an explosion of sound and light shook the entire house. The startling interruption made someone gasp, and I heard a quick squeal from somebody else. The sky crackled to life. I knew at that moment why long ago people thought the thunder came from the sounds of the gods fighting. I imagined Zeus' sword crashing through the clouds.The small room became lit again and again by blasts of purple light. Thunder exploded at the same instant as the lightning flashed and I knew the storm was right on top of us. The storm shook the wooden house with every strike towards the Earth it took.I could feel the sky's energy and I looked across the room. Through the door, I could see the jungle illuminated with each white-hot flash of light. The room was still electrified and loud, and the Ayahusaca made its presence known. People started purging, Otilia started singing, and all the sounds mixed together..."