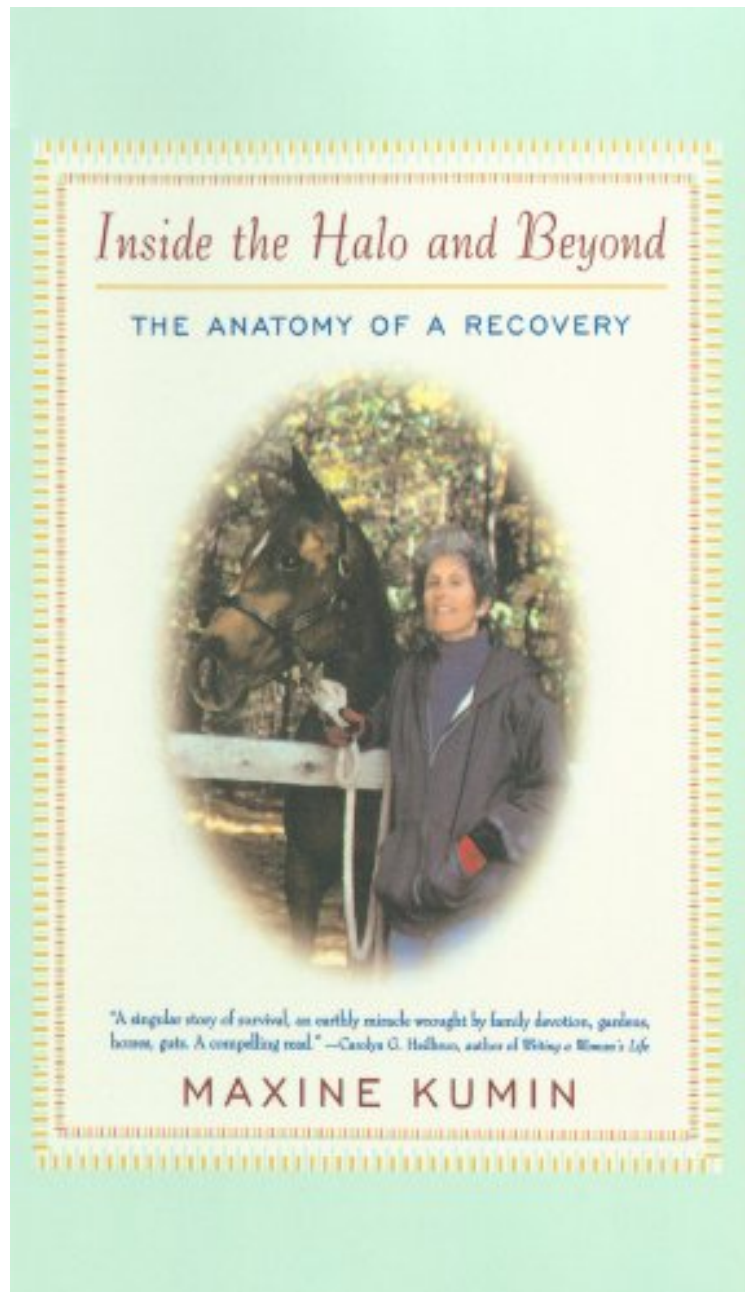


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Inside the Halo and Beyond: The Anatomy of a Recovery

Von Maxine Kumin

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Produktinformation Veröffentlicht am: 2001-11-17Erscheinungsdatum: 2013-07-12File Name:
B00DJMQDSO | File size: 53.Mb

Von Maxine Kumin : Inside the Halo and Beyond: The Anatomy of a Recovery before purchasing it in order to gage whether or not it would be worth my time, and all praised Inside the Halo and Beyond: The Anatomy of a

Recovery:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Wise, upbeat, gorgeously written and utterly inspirationalVon Fifth Generation TexanPulitzer prize winning poet-naturalist Maxine Kumin chronicles a period of nine months, from the horrible horse-and-carriage accident that left her with a 5% chance of survival, and an even tinier prospect of ever walking again, to the time she is once again able to scramble up steep hills on her farm in New Hampshire again, albeit with difficulty. Hers is a statistically improbable recovery brought about not just by discipline and determination, and certainly not by faith (she is an atheist), but by love -- her family's love of her, and her own love not just for husband, children and grandchildren, but for horses, dogs, birds, vegetable garden, the seasons, and above all art and her craft. A passionate biophiliac, Kumin's love of nature can not be separated from her love of others, or her will to survive. This is an inspirational book at so many levels. I completed it within hours of getting my hands on it, with my husband (a medical doctor) urging me to keep going, because I was reading it out loud to him and to my thirteen year old son. Inside the Halo... is wise, upbeat, gorgeously written and utterly inspirational. Someone you know scheduled for an operation? Had an accident? Run into some discouraging news? Forget the card. Send this book.0 von 0 Kunden fanden die folgende Rezension hilfreich. WHAT NOURISHESVon Kelly SieversMaxine Kumin has given us a gift. "Illness, disability, the specter of permanent damage... are deeply personal, immediate, and terrifying," she writes. Indeed. This chronicle of recovery from a cervical spinal injury sustained after her horse bolted is a courageous foray through the intense first ten months of recovery. More than a story of pluck and resilience this book delivers joy in its reaffirmation of what nourishes us: loving relationships. Relationships with husband, son, daughters, and friends--both old and newly formed in recovery--and relationships to the land, to its bounty. It seems impossible for someone so connected to life to ever give up on it easily. Kumin narrates, in journal form, her struggles and how she didn't quit. Kumin's life unfolds in this book. We see the stoic formed when her adored father "hovered in the doorway" when she was ill as a child; the horse lover who takes "deep pleasure" in seeing her horses in action; the gardener describing cauliflower and broccoli lovingly planted in May from seeds started on living room windowsills; and the poet who says of her farmhouse, "All of my doors are held open by stones."The mother and wife are here, too. Kumin's daughter, Judith, spends months with her mother. It is comforting to read of a supportive, caring, daughter/mother relationship that flourishes during a time of great stress. Kumin is not afraid to tell us about moments of guilt and despair: "How I feel about my accident is quite simply that I screwed up everybody's life by living through it."All this is written within a flowing narrative style that is groomed by this writer's cumulative knowledge of what is important in language and life. Maxine Kumin is one of my favorite poets. I cheered when this well-paced chronicle led to a spring when this writer was finally back in the "peaceful kingdom" of her farm in New Hampshire. I am grateful the author has offered a book that allows us to witness her struggle as she looked inward and reached out.0 von 0 Kunden fanden die folgende Rezension hilfreich. WHAT NOURISHESVon Kelly SieversMaxine Kumin has given us a gift. "Illness, disability, the specter of permanent damage... are deeply personal, immediate, and terrifying," she writes. 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Kurzbeschreibung"Here is a singular story of survival, an earthly miracle wrought by family devotion, gardens, horses, guts. A compelling read."Carolyn HeilbrunIn July 1998, when Maxine Kumin's horse bolted at a carriage-driving clinic, she was not expected to live. Yet, less than a year later, her progress pronounced a miracle by her doctors, she was at work on this journal of her astonishing recovery. She tells of her time "inside the halo," the near-medieval

device that kept her head immobile during weeks of intensive care and rehabilitation, of the lasting "rehab" friendships, and of the loving family who always believed she would heal. "[S]he resonates wisdom while announcing a triumph of body and soul." Anne Roiphe, New York Times Book "Maxine Kumin brings the sensitivity and imagination of a poet to her extraordinary ordeal." Richard Selzer, author of *Mortal Lessons: Notes on the Art of Surgery* "From a singular experience she has created a lesson that is universal, which, it seems to me, is the essence of being a poet." Abraham Verghese, author of *The Tennis Partner* Kurzbeschreibung "Here is a singular story of survival, an earthly miracle wrought by family devotion, gardens, horses, guts. A compelling read." Carolyn Heilbrun In July 1998, when Maxine Kumin's horse bolted at a carriage-driving clinic, she was not expected to live. Yet, less than a year later, her progress pronounced a miracle by her doctors, she was at work on this journal of her astonishing recovery. She tells of her time "inside the halo," the near-medieval device that kept her head immobile during weeks of intensive care and rehabilitation, of the lasting "rehab" friendships, and of the loving family who always believed she would heal. "[S]he resonates wisdom while announcing a triumph of body and soul." Anne Roiphe, New York Times Book "Maxine Kumin brings the sensitivity and imagination of a poet to her extraordinary ordeal." Richard Selzer, author of *Mortal Lessons: Notes on the Art of Surgery* "From a singular experience she has created a lesson that is universal, which, it seems to me, is the essence of being a poet." Abraham Verghese, author of *The Tennis Partner* Synopsis This journal recounts the story of a celebrated poet's astonishing recovery from traumatic injuries suffered in a horseback-riding accident and the emotional trip she took from despair to hope to unshakable determination. Reprint.