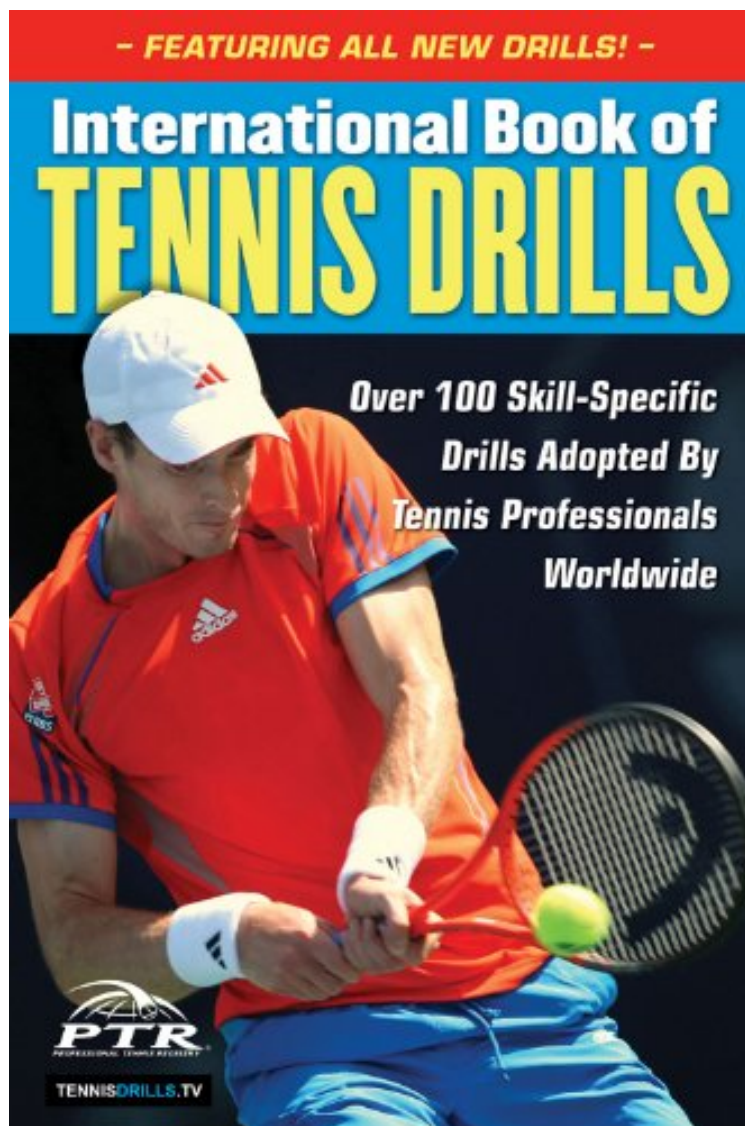


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Von Professional Tennis Registry : International Book of Tennis Drills: Over 100 Skill-Specific Drills Adopted by Tennis Professionals Worldwide before purchasing it in order to gage whether or not it would be worth my time, and all praised International Book of Tennis Drills: Over 100 Skill-Specific Drills Adopted by Tennis Professionals Worldwide:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Very good drills! Von CustomerSehr gut strukturiert und eine sehr gute Ergänzung für alle, die als Trainer tätig sind. Bietet sehr viel Abwechslung für regelmäßige Trainerstunden.

KurzbeschreibungFilled with time-tested drills designed to improve every aspect of one's game, this updated edition is the ideal resource for any tennis player who wants to gain an edge on their competition. With more than 100 practice drills for both group and independent practice, readers will learn how to improve their serving, returning, groundstrokes, lobs, drop shots, approach shots, overheads, volleys, and much more. The singular, authoritative source for skill-enhancing drills, this guide is equally useful for beginning or advanced players of all ages.KurzbeschreibungFilled with time-tested drills designed to improve every aspect of one's game, this updated edition is the ideal resource for any tennis player who wants to gain an edge on their competition. With more than 100 practice drills for both group and independent practice, readers will learn how to improve their serving, returning, groundstrokes, lobs, drop shots, approach shots, overheads, volleys, and much more. The singular, authoritative source for skill-enhancing drills, this guide is equally useful for beginning or advanced players of all ages.ber den Autor und weitere MitwirkendeProfessional Tennis Registry is the largest global organization of tennis-teaching professionals with more than 14,000 members in 117 countries. They are dedicated to educating, certifying, and servicing tennis teachers and coaches around the world in order to grow the game of tennis. They are based in Hilton Head, South Carolina.