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## Judo Memoirs of Jigoro Kano

*Von Brian N. Watson*

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**Von Brian N. Watson : Judo Memoirs of Jigoro Kano** before purchasing it in order to gage whether or not it would be worth my time, and all praised Judo Memoirs of Jigoro Kano:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich.  
LesenswertVon MoinEin sehr lesenswertes Buch, welchen mit vielen falschen Vorstellungen vom Judo aufrumt und auch einen Einblick in das Leben in Japan vor ber 100 Jahren gibt. Fr jeden Judoka ein Muss.Kleiner Fehler: Neben V.

Putin wird auch A. Merkel als Judoka mit Schwarzem Grtel genannt (Seite 166 im Afterword vom Autor), was jedoch eine Fehlinformation ist und wohl auf einen Zeitungsartikel zurückgeführt werden kann, bei dem der politische Stil von Frau Merkel sehr unglücklich mit dem eines Judokas verglichen wird. 0 von 0 Kunden fanden die folgende Rezension hilfreich. Auf jeden Fall lesenswert. Von anonymous. Dieses Buch bietet einen Einblick in die geschichtliche Entwicklung des Judo sowie die Meinungen und Gedanken des Begründers Jigoro Kano. Durch diverse Übersetzungen von Interviews erhält man einen persönlicheren Einblick, als es bei anderen historischen Erläuterungen zum Thema Judo der Fall ist. Mir persönlich hat es sehr gefallen.

**Kurzbeschreibung** In 1882, Kano opened his Kodokan dojo in Tokyo, where he taught jujutsu to his first class of nine students. His choice of the name 'Kodokan' symbolizes precocity in one so young and is highly significant, for it means 'the institute where one is guided along the road to follow in life' that is to say, a road that one travels as a means of self-cultivation, which Kano regarded as the optimum way to live one's life. This cultivation, however, can only be attained following long years of training made with vigorous exertion in an effort to reach the ultimate goal: self-perfection. At the age of twenty-four, Kano abruptly gave up the teaching of this ancient and altogether brutal activity and never taught jujutsu again. In his attempt to create for the modern age a non-violent, spiritually inspiring antagonistic art, he carried out research on several styles of jujutsu. Primarily in the interests of both safety and practicality, he altered and added his own devices to the techniques that he was later to incorporate into his newly conceived system of skills, which he named 'Kodokan judo'. In lectures, Kano often stated the following: 'The ultimate object of studying judo is to train and cultivate body and mind through practice in attack and defense, and by thus mastering the essentials of the art, to attain perfection of oneself and bring benefits to the world'. He had sought to create in judo, therefore, something positive out of something largely negative.

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**ber den Autor und weitere Mitwirkende** Brian N. Watson, born in England, is a judo 4th dan and a former Kodokan special research student. He was a regular contributor to the British magazine JUDO from 1967 to 1985. His judo publications include Yasuhiro Yamashita's *Early Life* (Tokyo, Otori Shobo, 1986) *The Father of Judo* (New York, Kodansha International, 2000) and *Il Padre Del Judo* (Italian version, Edizioni Mediterranee, 2005). A correspondent/Japanese translator, he holds diplomas in Japanese studies from the Tokyo School of the Japanese Language, Takushoku University, Tokyo, and the University of London.