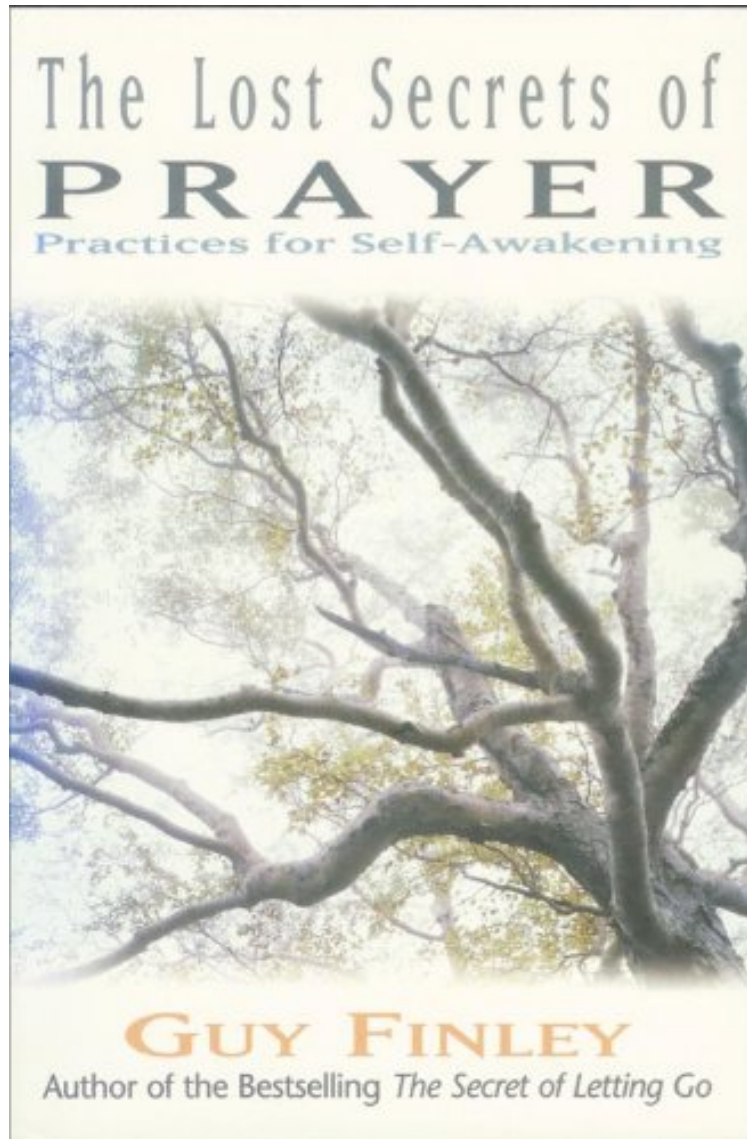


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## The Lost Secrets of Prayer: Practices for Self-Awakening (English Edition)

Von Guy Finley

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**Von Guy Finley : The Lost Secrets of Prayer: Practices for Self-Awakening (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Lost Secrets of Prayer: Practices for Self-Awakening (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Do I

hear Motlom, Anyone? Von Paul Peszko Are you aware that you are constantly praying? According to Guy Finley, the author of *THE LOST SECRETS OF PRAYER: Practices for Self-Awakening*, expectancy is a form of prayer, and our minds are forever in a state of expectancy, desiring one thing after another or hoping that certain events will or will not occur. We even verbalize these expectancies in our formal prayers, and this kind of prayer, Finley believes, is the least effective. So, if you do not like what you see when you look out on the world you have created through all your expectations, then change the way you pray. It is Finley's contention that true prayer is not an appeal for what you think you want or what you hope will happen. Rather, it is to bring you to a point where you are no longer blocked from seeing that all you need is already in your life. All you need to feel happy and fulfilled is present within you this very moment. The problem is that daily life, by its very nature, often draws us into a world of possessions and pleasure and away from our inner nature and any kind of relationship with our Higher Awareness. Instead of praying to be inwardly connected, we pray for what seems to be outwardly lacking. This sets us up for even more disappointment as our prayers or expectancies are not answered or they only bring us a fleeting, momentary pleasure. Finley states: "Prayer is the study of truth... No man, no woman ever prayed heartily without learning something. To know ourselves is to know the need for prayer, and the heart that knows this need, that longs to be released and renewed, is teacher, teaching and taught." Anyone who is familiar with Finley's work or who has attended one of his lectures knows that he always stresses two vital points: letting go and realizing we already have all that we need to be content. This work is no different. Offering a variety of affirmations, exercises and sample prayers, Finley focuses on letting go of the desires that are driving us in circles as well as our fears, resentments and other emotional baggage. Rather than helping us acquire what we think we need to possess or accomplish, Finley's insights and prayer practices are supposed to aid us in reaching higher levels of self-awareness. Just how effective these practices are you will have to discover for yourself. Two things, however, are certain: Finley's methods are quick and varied - just in case you lead the hectic, fast-paced lifestyle that the author would like us all to avoid. In fact, *THE LOST SECRETS OF PRAYER* has to be the fast food smorgasborg of self-awareness practices. For example, Finley reduces one prayer down to a simple mantra, MOTLOM, ideal for the ceaseless repetition which Finley recommends. He also devotes a chapter to seven short silent prayers which are actually not prayers at all but seven rules that Finley would like people to live by such as "doing what you don't want to do when you don't want to do it." Do I hear an Amen out there? Written in a discursive yet conversational manner that is somewhat reminiscent of J. Krishnamurti, *THE LOST SECRETS OF PRAYER* presents a very rudimentary yet thoughtful and congruent approach to self-awakening. Should your awakening require a jump start from inspirational quotations and aphorisms, you will find plenty of them here. Could I have another slice of Motlom, please, with some Ralph Waldo on the side? 0 von 0 Kunden fanden die folgende Rezension hilfreich. I never even heard a Pastor describe Prayer Like this! Von Ein Kunde This is truly a wonderful book. In all my years of listening to preachers I never expected to be reading a book by someone who is quote, unquote not religious but KNOWS more about true prayer than any Pastor I have ever heard. If you need to revitalize that part of your life in your heart that has been missing for so long, I highly suggest you start here. You won't be dissatisfied. VT NY 0 von 0 Kunden fanden die folgende Rezension hilfreich. Truly a transformational experience Von C. Conley I could not put this book down. It held so many original insights that I couldn't wait for the next one. Guy Finley is divinely inspired and he has certainly inspired me. His secrets have made each day brighter and lighter and sweeter for me.

Kurzbeschreibung We human beings are born with the natural wish to love, to be creative, to enjoy success, to find lasting contentment. The fact that this longing was placed inside of us means that its natural fulfillment exists. Our deepest wishes -- prayers of the heart -- are made to be fulfilled... once you know how to ask for them. You just need to learn the secret to making prayers that work! Make your deepest wishes come true. The way to forge a connection with the celestial energies that grant us our wishes is not commonly known. Prayer, as it is usually practiced, contains little power to grant us even mundane everyday requests -- let alone fulfill the deep and true desires of our heart. But you can know the true way of practicing authentic prayer. In Guy Finley's modern classic, *The Lost Secrets of Prayer: Practices for Self-Awakening*, you will learn how you can experience, personally, the presence of a benevolent guiding force in the Universe that is always ready and willing to help you win in life in a whole new way. The powerful yet simple practices offered in this spiritually transforming guide will help you touch higher levels of self-awareness, where you'll discover that everything you need to be happy is already present within you! Kurzbeschreibung We human beings are born with the natural wish to love, to be creative, to enjoy success, to find lasting contentment. The fact that this longing was placed inside of us means that its natural fulfillment exists. Our deepest wishes -- prayers of the heart -- are made to be fulfilled... once you know how to ask for them. You just need to learn the secret to making prayers that work! Make your deepest wishes come true. The way to forge a connection with the celestial energies that grant us our wishes is not commonly known. Prayer, as it is usually practiced, contains little power to grant us even mundane everyday requests -- let alone fulfill the deep and true desires of our heart. But you can know the true way of practicing authentic prayer. In Guy Finley's modern classic, *The Lost Secrets of Prayer:*

Practices for Self-Awakening, you will learn how you can experience, personally, the presence of a benevolent guiding force in the Universe that is always ready and willing to help you win in life in a whole new way. The powerful yet simple practices offered in this spiritually transforming guide will help you touch higher levels of self-awareness, where you'll discover that everything you need to be happy is already present within you! Synopsis This guide reveals the true and higher purpose of prayer - which is not to appeal for what we want, but to realise that all we pray for is already here.