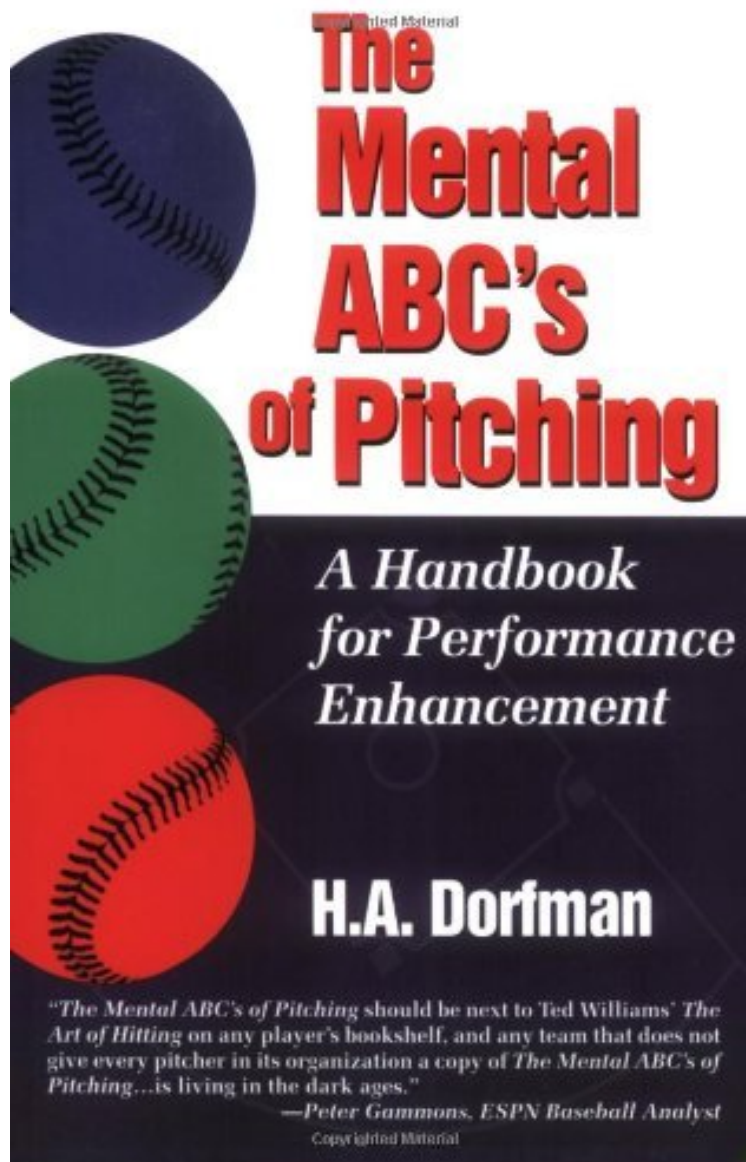


# The Mental ABC's of Pitching: A Handbook for Performance Enhancement

Von H. A. Dorfman

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Von H. A. Dorfman : The Mental ABC's of Pitching: A Handbook for Performance Enhancement before purchasing it in order to gage whether or not it would be worth my time, and all praised The Mental ABC's of Pitching: A Handbook for Performance Enhancement:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. College

Coach Finds Book Helpful  
Von Aaron Weintraub  
I am an assistant coach at the University of Virginia and love Dorfman's work (see *The Mental Game of Baseball*). The information he provides in this book allows pitchers to take control of their performance. So often, players work hard, but cannot figure out why they don't perform better. This book shares the experience of a person who has actually taught major league pitchers how to perform near the highest level that their ability allows. It is well-written and a must for any high school (and up) pitcher who truly wants to find out how good he can be (that is - he is willing to pay the price of hard work for success on and off the field).  
0 von 0 Kunden fanden die folgende Rezension hilfreich. Exactly what pitching is meant to be  
Von mike jackson  
This book gives exactly what is needed to pitchers who have not explored their craft to the fullest. This book gives you, the pitcher, the opportunity to not only get better, but to become a professional at the game you love.

Kurzbeschreibung  
A clear and insightful guide to the art of pitching.  
Pressestimmen  
When Harvey left our organization to go work for Florida, we didn't even try to replace him because, quite frankly, his legacy was already throughout our system. All of the players and coaches and staff he touched over the years... had become imbued with his philosophy and approach to the game. They have become Harvey's disciples.  
-SANDY ANDERSON, former President and General Manager, Oakland Athletics, former Executive Vice President, Office of Major League Baseball, currently General Manager, New York Mets.  
Harvey Dorfman's insights are exceptional and valuable. This book provides the best approaches for business leaders and those who coach and supervise others.  
-RUSS BRANDON, President, Buffalo Bills.  
When you talk to Harv, you get the truth from him, whether you like it or not. He always says, 'I don't care about your feelings. I care about your actions.'  
-TIM BELCHER, former Major League Pitcher and Pitching Coach.  
He's truly amazing. It's clear most people don't want to hear the truth about themselves, but Harv gets in your face, uses a few choice words to get your attention, and he's got you.  
-AL LEITER, former Major League Pitcher, currently Studio Analyst and Commentator.  
Harv is absolutely unique. He's for real - a straight shooter. He gives it to you right on the line, whether you like it or not. Not many people can - or will - do that.  
-WALT WEISS, former Major League All-Star Shortstop, currently manager of the Colorado Rockies.  
Kurzbeschreibung  
A clear and insightful guide to the art of pitching.