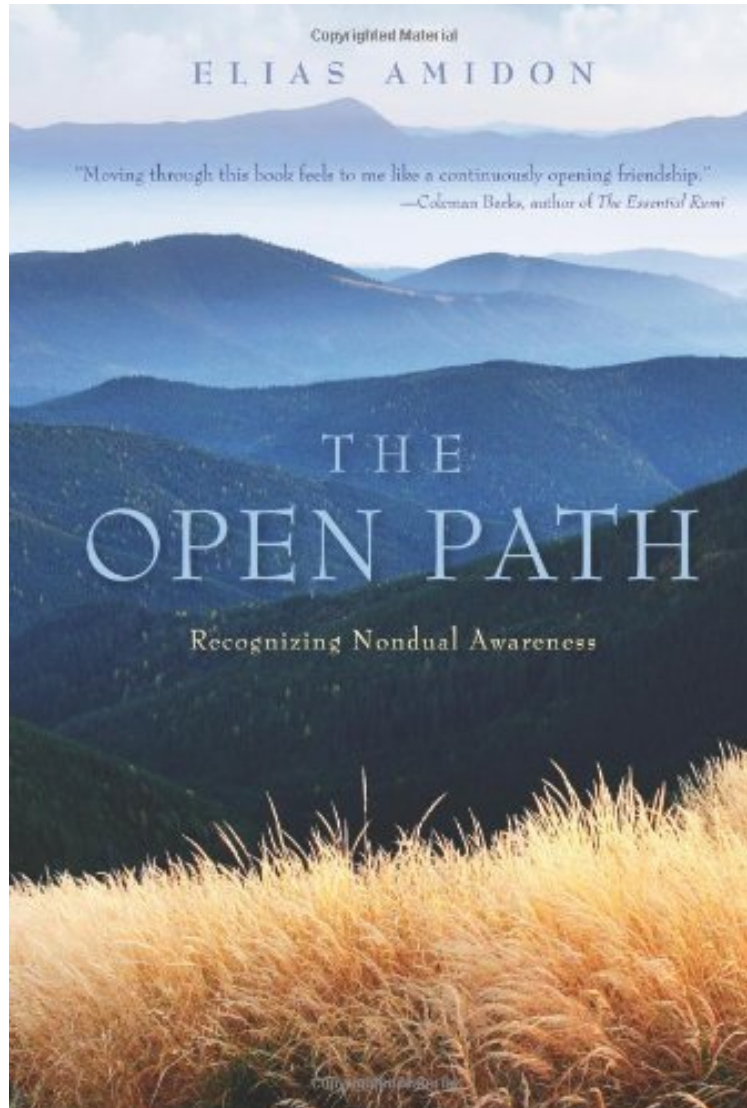


The Open Path: Recognizing Nondual Awareness

Von Elias Amidon

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Produktinformation -Verkaufsrang: #462535 in eBooksVerffentlicht am: 2012-09-16Erscheinungsdatum:
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Von Elias Amidon : The Open Path: Recognizing Nondual Awareness before purchasing it in order to gage whether or not it would be worth my time, and all praised The Open Path: Recognizing Nondual Awareness:

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Absolut empfehlenswertVon D. SchmidtDieses Buch ist fr mich ein Glcksfall: so klar, inspirierend, sachlich und poetisch zugleich geschrieben, dass ich es jedem empfehlen kann, der sich fr das Thema "Nondual Awareness" interessiert - unabhngig vom persnlichen Wissensstand und Erfahrungshintergrund. Elias Amidon ist es gelungen, subtile und komplexe Zusammenhnge bersichtlich und anschaulich zu beschreiben - in gut verstndlichem Englisch. Ich finde das

Buch ideal als Einföhrung wie auch zur vertiefenden Lektüre für Fortgeschrittene. Darüberhinaus enthält es viele praktische Hinweise und Handlungsanleitungen. Deshalb: absolut empfehlenswert und 5 Sterne! von 1 Kunden fanden die folgende Rezension hilfreich. A Pathless Path Von Bruno Katzengruber The Open Path is a path without being a path, a pathless path, as Elias Amidon describes it vividly. It is absolutely refreshing that the author does not describe a methodology that he postulates has to be followed, but provides suggestions for the seeker. Elias Amidon draws on the nondual literature over all centuries and cultures, not missing wonderful poems by Rumi and Hafiz that are too little known in our hemisphere. When reading this book it was like diving into a space of astonishment, wonder, joy and silence. Reading this book is for me, as the author cites from Rumi, "like an eagle gliding off the cliff of the face". It is a very remarkable book and highly recommended. 0 von 0 Kunden fanden die folgende Rezension hilfreich. For Seekers not in need of the easy answer Von Kunde Elias Amidon is pure delight. Although being a Sufi Pir, his teachings bear no missionary approach. He truly is open and respectful to all that emerges on this planet. - And still, he offers thoughts and practices that, leaving away all our constructs about meaning and life, are intuitively true and helpful. It's a mindblowing approach he offers, and it creates a fresh breeze that opens up a lot of new options to be and think and feel. Having the chance to encounter him life is the best experience, reading this book is my recommendation for those who did not have the chance.

Kurzbeschreibung Many serious spiritual students have turned to nonsectarian teachers to further their practice. These readers will find The Open Path to be an excellent guide to the realization of the silent ground of all being and to the expression of that realization in the diverse conditions of their lives. The book includes very helpful exercises and practices that foster a sense of equanimity and natural insight, as well as methods and teachings from many sources: Sufism, psychology, meditation traditions, and both Eastern and Western nondual teachers. Pressestimmen The Open Path integrates hitherto hidden jewels and fragrances of Sufi mastery with more classical sources of nondual teaching. The result is not only that we receive fuller and more precise instruction but that we get to experience Elias Amidon's lucidity as a living sage and powerful lineage holder. --James O'Dea, former president of the Institute of Noetic Sciences and author of Cultivating Peace Elias Amidon is a gifted teacher and writer. We are blessed that he has assembled his lucid and powerful transmission with such coherence and depth in this book. His capacity for tapping the essence of the world's nondual traditions and sharing this in a thoroughly experiential way is unique. I am certain that immersing yourself in his vision and the exercises he recommends will bring you profound benefits. --Peter Fenner, Ph.D., founder of Timeless Wisdom It is rare and wonderful when a man, who has been such a force for good in our world, opens to us his inward path. For those who would explore the teachings of nonduality, Elias Amidon will be gratefully recognized as a valuable resource and guide. --Joanna Macy, author of Active Hope Drawing on the Pathways of the great traditions, Elias Amidon guides us to Open Awareness of the Oneness of Being, with his wide Heart and clarity of experience. The Open Path will be read with joy by any reader who wishes to uncover their True Nature. --Pir Shabda Kahn, musician and spiritual leader of the Sufi Ruhaniat International The Open Path is a powerful evocation of nondual awareness by a great teacher and friend to the world. --Roshi Joan Halifax, founding abbot, Upaya Zen Center This is one of the clearest and most practical books I have ever read on the subtleties of recognizing nondual awareness. Elias Amidon's heartfelt clarity carries the signature of someone who has walked the journey himself and discovered there is no road. --Roger Housden, author of Chasing Rumi Elias Amidon's The Open Path is an unerring guide to serve people who yearn for a spirituality that transcends religion and frees the soul from the shackles of false beliefs. Pir Elias helps the mind understand the soul and warms the heart to embrace and be embraced by the cosmic inner beloved. --Rabbi Zalman Schachter Shalomi, co-author of A Hidden Light Each of the great religions has a gateway into nondual reality. Elias Amidon's lucidly clear and evocative presentation of The Open Path makes evident that the Sufis are among the gatekeepers. --Keith Dowman, Dzogchen teacher and translator, author of Natural Perfection Coleman Barks author of The Essential Rumi Among many mysteries explored here: spontaneous prayer, kindness, emptiness, starting from where you are, the freedom of the universe, awakening, is one that Elias Amidon barely mentions friendship. Moving through this book feels to me like a continuously opening friendship. --Coleman Barks author of The Essential Rumi "Elias Amidon offers us a lucid and practical gift: how to open our hearts to awareness, to what is real. This is a loving and helpful offering that will unquestionably serve those who read it. It is truly a beautiful book. --Roshi Pat Enkyo O Hara, Abbot of the Village Zendo, Manhattan" In this lucid and graceful manual, Elias Amidon reveals a path open to all who seek. Seekers become finders. This book is a little treasure to be read again and again! --William Ury, Co-author of Getting to Yes, and co-founder of Abraham's Path "Kurzbeschreibung Many serious spiritual students have turned to nonsectarian teachers to further their practice. These readers will find The Open Path to be an excellent guide to the realization of the silent ground of all being and to the expression of that realization in the diverse conditions of their lives. The book includes very helpful exercises and practices that foster a sense of equanimity and natural insight, as well as methods and teachings from many

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