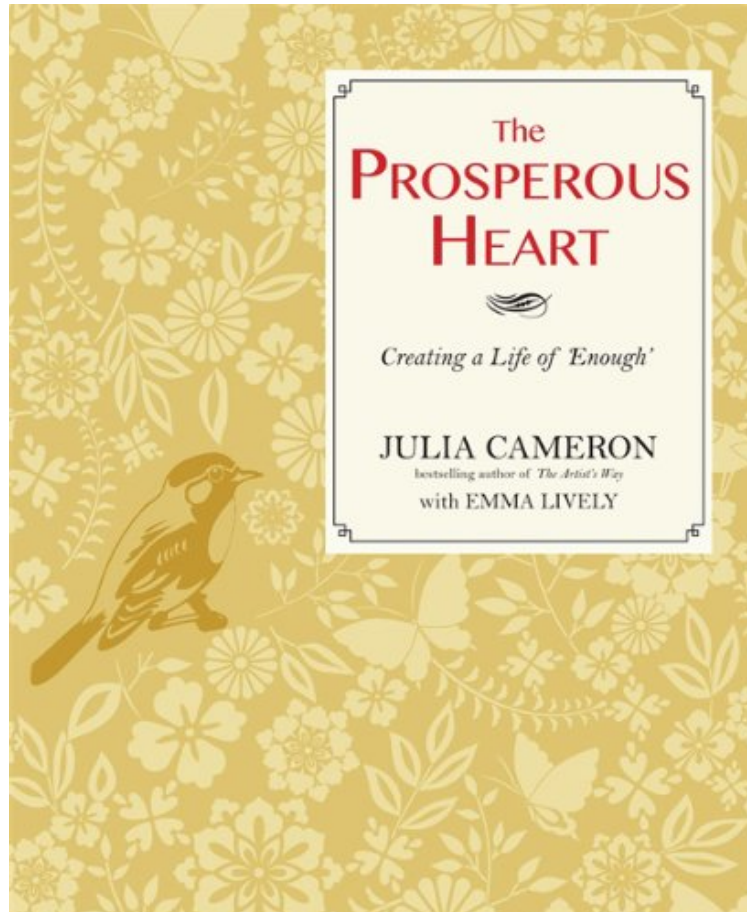


[Free pdf] The Prosperous Heart: Creating a Life of 'Enough'

The Prosperous Heart: Creating a Life of 'Enough'

Von Julia Cameron

*Download PDF | ePub | DOC | audiobook | ebooks



[Download](#)

[Read Online](#)

Produktinformation -Verkaufsrank: #914801 in eBooksVerffentlicht am: 2012-08-06Erscheinungsdatum: 2012-08-06File Name: B008RLZSXI | File size: 19.Mb

Von Julia Cameron : The Prosperous Heart: Creating a Life of 'Enough' before purchasing it in order to gage whether or not it would be worth my time, and all praised The Prosperous Heart: Creating a Life of 'Enough':

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. Das Leben effektiv zum Guten wendenVon Ramona DnischIn Verbindung mit der Audible-Version eine geniale Hilfe, bestimmte alte Muster in seinem Leben zu erkennen und diese zum Positiven zu wandeln. Erfordert nur ein bisschen Geduld, bung und 12 Wochen Zeit.0 von 0 Kunden fanden die folgende Rezension hilfreich. Kein gut umgesetztes HrbuchVon BcherwurmIch mag die Bcher von Julia Cameron sehr, doch dieses Hrbuch ist leider schwer verstndlich, da nicht gut vorgetragen. Die Autorin selbst liest, im Gegensatz zu "The right to write" ist dieses Hrbuch akustisch schlecht, zum Teil fast unverstndlich. Schade.

Kurzbeschreibung In *The Prosperous Heart*, the author of the international bestseller *The Artist's Way*, Julia Cameron, presents a twelve-week programme for using practical financial tools - in partnership with your creative heart and soul - to guide you to prosperity in all areas of your life. According to Cameron, true prosperity has very little to do with the amount of money you have in the bank, and everything to do with the ability to understand your own (and other's) true worth and value. Drawing on her decades of experience as an expert on the creative process working with artists, Cameron shines a clear light on the path to forging a healthy relationship with money together with a rich creative life. With *The Prosperous Heart* you will: Learn which parts of your life are truly valuable Teach yourself practical daily tools and exercises for developing a satisfying and secure present and future Remove emotional issues that create anxiety about finances Learn why creativity is at the centre of all outward and inward success Break down the blocks you have to combining spiritual wholeness with financial success. In this wise book, she gives readers the courage and permission to live their lives as they create their art: with purpose, freedom and inspiration. *Pressestimmen* 2013 Nautilus Books for a Better World Gold winner as Best Inner Prosperity/Right Livelihood Book "Inspiring stories of how money affects peoples lives accompany tools, exercises, and strategies for discovering the true meaning of prosperity and abundance in this uplifting and beneficial guide. Publishers Weekly" Cameron (*The Artist's Way*) has written a book addressed to our times, offering advice on how to begin to fulfill one's dreams in times of recession or austerity. *Library Journal* "Many artistic and imaginative souls are troubled and often blocked by money worries. They are unsure about the future and afraid to take risks since they have no Plan B to put into action. In response to this grave situation, Cameron speaks to the darkness and the dread in creative people's hearts with an alternative: the prosperous heart which recognizes "a spiritual bottom line, not a fiscal one. Our faith, not our cash flow, is what brings to our lives comfort and ease. The book is chock-full of other down-to-earth material such as myths about money, trusting that we live in a benevolent universe and that things will turn out okay, clearing clutter away, finding community, and taking to heart the spiritual virtues and practices of forgiveness, kindness, generosity, and perseverance. *Spirituality Practice*" From content to presentation, Cameron shines How we handle our money and lifestyles, and ultimately our very sense of happiness, is based on how we handle our self-image, emotions and beliefs. Trust, kindness, community, forgiveness (including for ourselves!) generosity and a plan to help us balance all of this - is ours to study and live, in *The Prosperous Heart*. *Creations magazine* Praise for *THE ARTIST'S WAY...THE ARTISTS WAY* by Julia Cameron is not exclusively about writing it is about discovering and developing the artist within whether a painter, poet, screenwriter or musician but it is a lot about writing. If you have always wanted to pursue a creative dream, have always wanted to play and create with words or paints, this book will gently get you started and help you learn all kinds of paying-attention techniques; and that, after all, is what being an artist is all about. Its about learning to pay attention.--Anne Lamott, *Mademoiselle* The premise of the book is that creativity and spirituality are the same thing, they come from the same place. And we were created to use this life to express our individuality, and that over the course of a lifetime that gets beaten out of us. [*THE ARTISTS WAY*] helped me put aside my fear and not worry about whether the record would be commercial.--Grammy award-winning singer Kathy Mattea Julia Cameron brings creativity and spirituality together with the same kind of step-by-step wisdom that Edgar Cayce encouraged. The result is spiritual creativity as a consistent and nourishing part of daily life.--Venture Inward I never knew I was a visual artist until I read Julia Camerons *THE ARTISTS WAY*.--Jannene Behl in *Artists Magazine* Julia Camerons landmark book *THE ARTISTS WAY* helped me figure out who I really was as an adult, not so much as an artist but as a person. And award-winning journalist and poet, Camerons genius is that she doesnt tell readers what they should do to achieve or who they should be instead she creates a map for readers to start exploring these questions themselves.--Michael F. Melcher, *Law Practice magazine* This is not a self-help book in the normative sense. It is simply a powerful book that can challenge one to move into an entirely different state of personal expression and growth.--Nick Maddox, *Deland Beacon* *THE ARTISTS WAY* (with its companion volume *THE ARTISTS WAY MORNING PAGES JOURNAL*) becomes a friend over time, not just a journal. Like a journal, it provokes spontaneous insights and solutions; beyond journaling, it establishes a process that is interactive and dynamic.--Theresa L. Crenshaw, M.D., *San Diego Union-Tribune* If you really want to supercharge your writing, I recommend that you get a copy of Julia Camerons book *THE ARTISTS WAY*. Im not a big fan of self-help books, but this book has changed my life for the better and restored my previously lagging creativity.--Jeffrey Bairstow, *Laser Focus World* Working with the principle that creative expression is the natural direction of life, Cameron developed a three month program to recover creativity. *THE ARTISTS WAY* shows how to tap into the higher power that connects human creativity and the creative energies of the universe.--Mike Gossie, *Scottsdale Tribune* *THE ARTISTS WAY* is the seminal book on the subject of creativity and an invaluable guide to living the artistic life. Still as vital today or perhaps even more so than it was when it was first published in 1992, it is a provocative and inspiring work. Updated and expanded, it reframes *THE ARTISTS WAY* for a new century.--Branches of Light *THE ARTISTS WAY* has sold over 3 million copies since its publication in 1992. Cameron still teaches it because there is sustained demand for its thoughtful, spiritual approach to unblocking and nurturing creativity. It is, dare we say, timeless.--Nancy Colasurdo, *FOX Business* Praise for *VEIN OF GOLD*, the second volume in the *ARTISTS WAY* trilogy For those seeking the wellspring of creativity, this book, like its predecessor, is a solid gold diving rod.--PUBLISHERS

WEEKLY Kurzbeschreibung In *The Prosperous Heart*, the author of the international bestseller *The Artist's Way*, Julia Cameron, presents a twelve-week programme for using practical financial tools - in partnership with your creative heart and soul - to guide you to prosperity in all areas of your life. According to Cameron, true prosperity has very little to do with the amount of money you have in the bank, and everything to do with the ability to understand your own (and other's) true worth and value. Drawing on her decades of experience as an expert on the creative process working with artists, Cameron shines a clear light on the path to forging a healthy relationship with money together with a rich creative life. With *The Prosperous Heart* you will: Learn which parts of your life are truly valuable Teach yourself practical daily tools and exercises for developing a satisfying and secure present and future Remove emotional issues that create anxiety about finances Learn why creativity is at the centre of all outward and inward success Break down the blocks you have to combining spiritual wholeness with financial success. In this wise book, she gives readers the courage and permission to live their lives as they create their art: with purpose, freedom and inspiration.