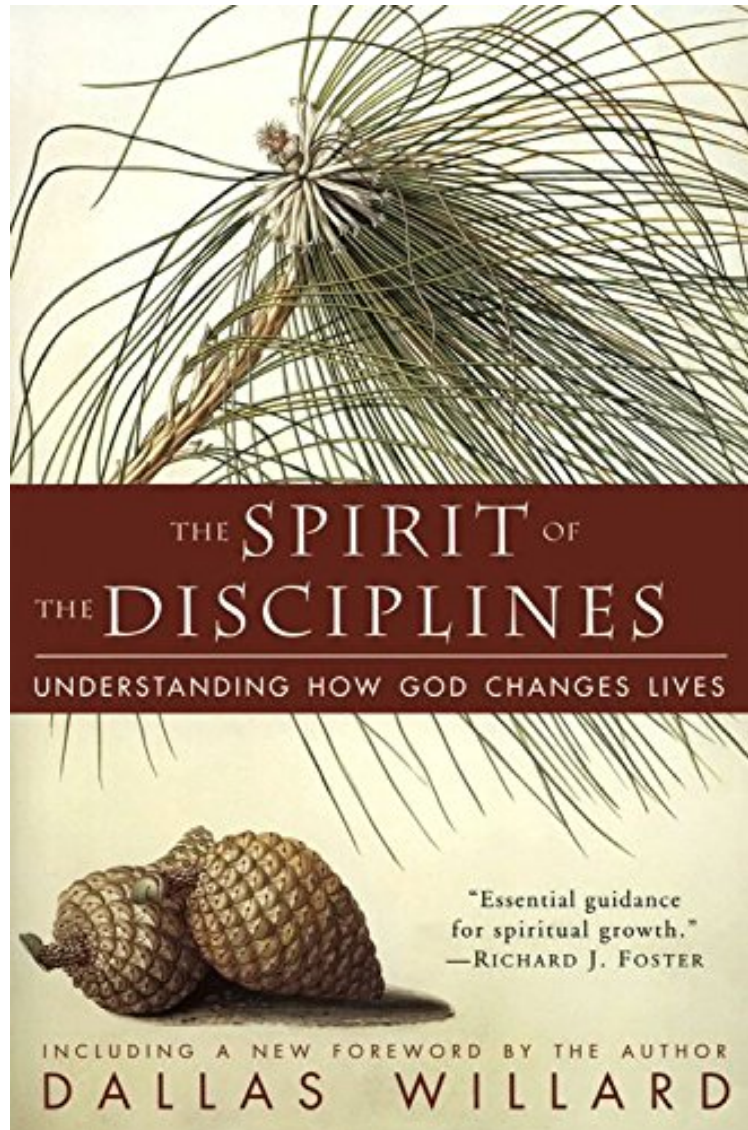


(Download free ebook) The Spirit of the Disciplines: Understanding How God Changes Lives

# The Spirit of the Disciplines: Understanding How God Changes Lives

Von Dallas Willard

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**Von Dallas Willard : The Spirit of the Disciplines: Understanding How God Changes Lives** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Spirit of the Disciplines: Understanding How God Changes Lives:

KundenrezensionenHilfreichste Kundenrezensionen2 von 2 Kunden fanden die folgende Rezension hilfreich. An intelligent, thorough overview of spiritual disciplinesVon Kristen StewartThis book has had a profound influence on

my life, and I don't suggest that you read it unless you are ready to change the way you think about the disciplines, the things we make ourselves to to get closer to God, such as prayer, fasting, worship and reading the Bible. Williard plots the history of the disciplines, and explains psychologically and physiologically why they have such an effect on people. It is a slow read in a few parts, but never impossible. After reading this account of why the disciplines are important, read Richard Foster's Celebration of Disciplines to learn more about the practice of the disciplines. And then do them!

1 von 1 Kunden fanden die folgende Rezension hilfreich. An unparalleled look at an underspoken topic  
Von Brian Douglas  
Dallas Willard's examination of the disciplines of the Christian life is an unparalleled book on the subject. I have never read its equal. In Christianity today, there is so much emphasis on a quick conversion and the love and mercy of God, but rarely does a teacher speak on the difficult topic of the strain and pain and longevity of the daily walk with Christ. The disciplines of a Christian are similar to the disciplines of one running a marathon, the Apostle Paul teaches, and Dallas Willard has taken a careful examination of these disciplines. He declares that Christianity can only be a relevant guide for modern humanity if it takes the need for human transformation through the Holy Spirit seriously, and clarify and exemplify realistic methods of this transformation by modeling it ourselves as Christians. Willard goes into great detail concerning the disciplines as the method by which Christians model the work of the Spirit in their lives. He declares that they are the very nature of life itself for Christians and that only by consistently teaching and practicing them will Christ's church be the force required for true spiritual change in today's society. A masterful work, this book should be in the library of any Christian that seeks to truly live the life of Christ and be a light in the world today.

2 von 2 Kunden fanden die folgende Rezension hilfreich. essential for those interested in a genuine Christianity  
Von Ein Kunde  
I read this book over the summer and could not put it down. It has been food for my soul, a definite help in my thinking and practice of the spiritual disciplines. This has profoundly changed my life and has helped me become the kind of person that I have always wanted to be. Because of this book, I have drawn closer to the living God and am becoming like Him more each day. What could be a better testimony to this man's work?

**Kurzbeschreibung** How to Live as Jesus Lived  
Dallas Willard, one of today's most brilliant Christian thinkers and author of *The Divine Conspiracy* (Christianity Today's 1999 Book of the Year), presents a way of living that enables ordinary men and women to enjoy the fruit of the Christian life. He reveals how the key to self-transformation resides in the practice of the spiritual disciplines, and how their practice affirms human life to the fullest. The Spirit of the Disciplines is for everyone who strives to be a disciple of Jesus in thought and action as well as intention.

**Pressestimmen** "Essential guidance for spiritual growth." -- Richard J. Foster, author of *Streams Of Living Water* "A fresh examination of the nature of life and discipline . . . exciting and instructive." -- "The Disciple" "Few books have challenged me like this one. I would urge every serious minded Christian to read it . . . at your own risk" -- Bill Hybels, author of *Honest to God?* "A profound call to discipleship based on spiritual disciplines [that] awakens us to a forgotten truth, that the transformation to Christlikeness is realized through taking on the easy yoke' of the disciplines" -- Sue Monk Kidd, author of *God's Joyful Surprise, When the Heart Waits,* and *The Dance of the Dissident Daughter*

**Pressestimmen** 'If you wrestle with the themes of this book and weave them into the warp and woof of everyday life, you will be changed forever.' Richard Foster 'Dallas Willard has written powerfully about a life lived in God's presence that will impact the world. He gives us 'meat' but in a very readable style.' *Christian Herald* 'The author is facing up to the dismal record of evangelical or charismatic Christianity in actually radically changing lives, let alone whole communities.' *Evangelism Today* 'New and original.' *Theological Book* 'If you wrestle with the themes of this book and weave them into the warp and woof of everyday life, you will be changed forever.' -- Richard Foster