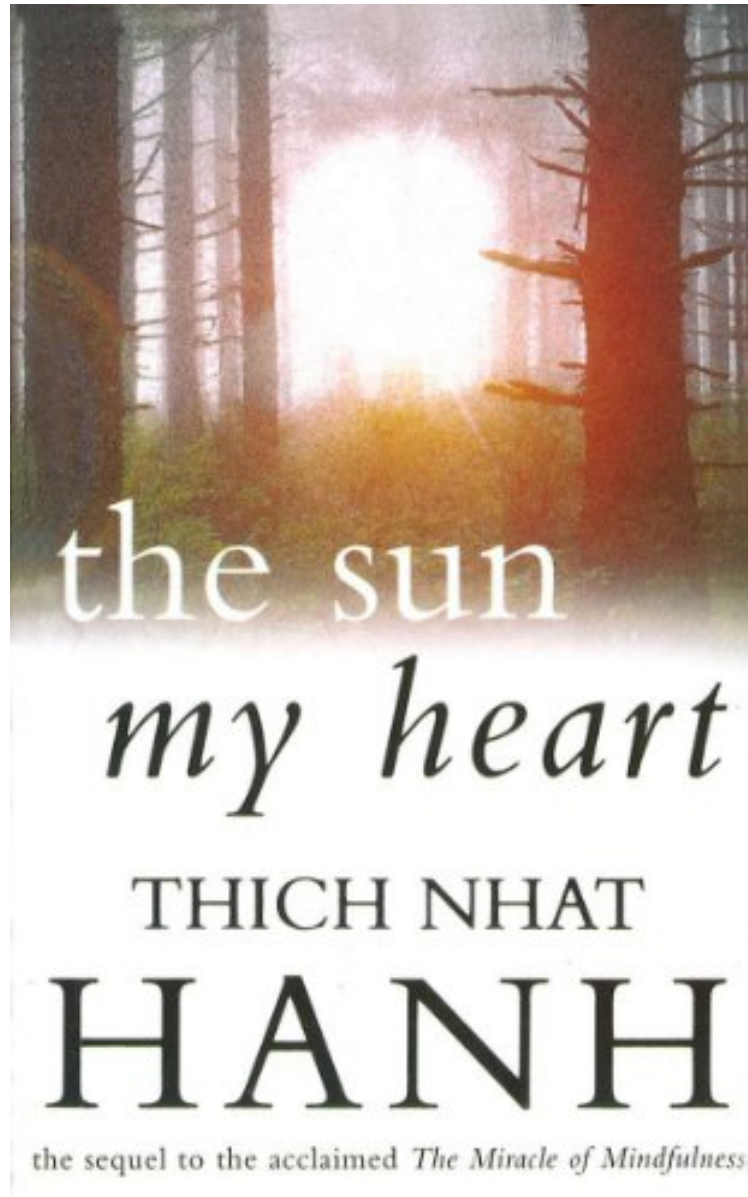


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The Sun My Heart: From Mindfulness to Insight Contemplation

Von Thich Nhat Hanh

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